





Middle School Lunch Menu

May 2019



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Farm to School Spotlight "Cucumbers"</p>  <p>We are proud to feature cucumbers from Southern Valley Growers in Norman Park, Georgia</p>	<p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	<p>Lunch Prices</p> <p>Elementary - \$2.75 Middle/High - \$2.90 Reduced - \$.40</p> <p> Denotes Pork  Denotes Vegetarian</p>	 <p>We offer Whole Grain Products everyday</p> <ul style="list-style-type: none"> • Pizza • Pasta • Rolls / Buns • Cereal • Desserts 	<p>May 3, 2019</p> <p>SCHOOL LUNCH HERO DAY</p>
	 <p>Several Varieties of Fat Free Milk are offered Daily.</p>	<p>1 CHOICE OF ENTRÉE</p> <ul style="list-style-type: none">  Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza Chicken Nuggets w/ Roll Mini Corndogs Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Cross Cut Sweet Potato Fries Roasted Vegetables Garden Salad w/ Assorted Dressings Diced Pears <p>Grab N' Go Plate: Taco Salad Bowl</p>	<p>2 CHOICE OF ENTRÉE</p> <ul style="list-style-type: none"> Southern Style Chicken Sandwich Chili w/ Cheez-Its Crackers Buffalo Chicken Tenders w/ Roll  Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Baked Potato Broccoli Florets Grape Tomatoes & Cucumber Slices w/ Dip Apple Wedges  Chocolate Brownie <p>Grab N' Go Plate: Vegetarian Chef Salad</p>	<p>3 Cinco de Mayo Celebration</p> <p>CHOICE OF ENTRÉE</p> <ul style="list-style-type: none">  Walking Taco w/ Salsa & Sour Cream Cheese-Stuffed Breadsticks w/ Marinara Sauce Grilled Chicken Sandwich Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Mexican Rice Whole Kernel Corn Shredded Lettuce/Diced Tomatoes Pineapple Tidbits Fresh Pear  Apple-Cinnamon Churro <p>Grab N' Go Plate: Chef Salad Bowl</p>
<p>6 CHOICE OF ENTRÉE</p> <ul style="list-style-type: none"> Cheeseburger Hot Dog Sliders Meatball Sub w/ Mozzarella Cheese Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Baked Beans Seasoned Potato Wedges Lettuce/Tomato Coleslaw Sliced Peaches <p>Grab N' Go Plate:  Vegetarian Chef Salad</p> <p>Deli Choice: Chicken Fajita Wrap Plate</p>	<p>7 CHOICE OF ENTRÉE</p> <ul style="list-style-type: none"> Chicken Nuggets w/ Roll Turkey Pot Roast w/ Roll Turkey & Cheese Wrap w/ Baked Chips Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Mashed Potatoes Peas and Carrots Tossed Salad w/ Assorted Dressing Mandarin Oranges Diced Pears Chocolate Brownie Cookie <p>Grab N' Go Plate:  Vegetarian Chef Salad</p> <p>Deli Choice: Buffalo Chicken Wrap Plate</p>	<p>8 CHOICE OF ENTRÉE</p> <ul style="list-style-type: none"> Beef & Cheddar Nachos Cheddar Cheese Nachos w/ Salsa & Sour Cream Taco Max Snax w/ Salsa Spicy Chicken Sandwich  Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Mexican Brown Rice Broccoli Florets Shredded Lettuce/ Diced Tomatoes Orange Wedges <p>Grab N' Go Plate: Grilled Chicken Chef Salad</p> <p>Deli Choice: Chicken Fajita Wrap Plate</p>	<p>9 CHOICE OF ENTRÉE</p> <ul style="list-style-type: none"> Spaghetti w/ Garlic Breadstick Southern Style Chicken Sandwich Stuffed Cheesesticks w/ Marinara Sauce Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Green Beans Steamed Carrots Garden Salad w/ Dressing Banana <p>Grab N' Go Plate:  Hummus & Pita Plate</p> <p>Deli Choice: Italian Sub Plate</p>	<p>10 CHOICE OF ENTRÉE</p> <ul style="list-style-type: none"> Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza  Shredded Pork Street Taco Buffalo Chicken Tenders w/ Roll  Jammer Pack <p>CHOICE OF SIDES</p> <ul style="list-style-type: none"> Whole Kernel Corn Veggie Dipper Cup Coleslaw Fresh Pear <p>Grab N' Go Plate: Southwest Salad Bowl</p> <p>Deli Choice: Chicken Tender Wrap Plate</p>

<p>13</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Chicken Tenders w/ Roll Meatball & Mozzarella Sub Hotdog Jammer Pack</p> <p><u>CHOICE OF SIDES</u> French Fries Baked Beans Garden Salad w/ Assorted Dressings Apple Wedges</p> <p>✓ Grab N' Go Plate: Hummus & Pita Plate</p> <p>Deli Choice: Spicy Chicken Wrap Plate</p>	<p>14</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Orange Chicken w / Fried Rice & Roll Teriyaki Meatballs w / Fried Rice & Roll ✓ ✓ Cheese Calzone w/ Marinara Sauce Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Stir Fried Vegetables Tropical Fruit Blend Lemon Flavored Raisins Fortune Cookie</p> <p>✓ Grab N' Go Plate: Vegetarian Chef Salad</p> <p>Deli Choice: Grilled Chicken Wrap Plate</p>	<p>15</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Beef & Cheddar Nachos Cheddar Cheese Nachos w/ Salsa & Sour Cream ✓ Cheese Quesadilla Spicy Chicken Sandwich Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Mexican Brown Rice Broccoli Florets Shredded Lettuce/Diced Tomatoes Orange Wedges</p> <p>Grab N' Go Plate: Taco Chef Bowl</p> <p>Deli Choice: Turkey & Cheese Sub Plate</p>	<p>16</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Oven Fried Chicken w/ Roll Country fried Steak w/ Roll ✓ Grilled Cheese w Tomato Soup Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Collard Greens Glazed Carrots Tossed Salad w dressings Banana</p> <p>✓ Grab N' Go Plate: Market Salad Bowl</p> <p>Deli Choice: Chicken Tender Wrap Plate</p>	<p>17</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Galaxy Cheese Pizza Galaxy Pep Pizza Fish Nuggets w hushpuppies Chicken Tender Wrap w Baked ✓ Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Green Beans Carrot Sticks w/ Ranch Dip Fresh Pear Apple Wedges</p> <p>Grab N' Go Plate: Vegetarian Chef Salad</p>
<p>20</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Southern Chicken Sandwich Chili Cheese Fries w/ Roll Pork Street Taco ✓ Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Baked Beans Seasoned Potato Wedges Lettuce/Tomato Coleslaw Sliced Peaches</p> <p>✓ Grab N' Go Plate: Vegetarian Chef Salad</p> <p>Deli Choice: Chicken Fajita Wrap Plate</p>	<p>21</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Spaghetti w Meatsauce & Breadstick Chicken Chunks w Roll Stuffed Cheese Pizza ✓ Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Steamed Carrots Broccoli Florets Grape Tomatoes & Cucumber Slices w/ Dip Plums</p> <p>✓ Grab N' Go Plate: Vegetarian Chef Salad</p> <p>Deli Choice: Black Forest Chicken Sub Plate</p>	<p>22</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Beef & Cheddar Nachos Cheddar Cheese Nachos w/ Salsa & Sour Cream Crispito w cheese sauce & Roll Grilled Chicken Sandwich ✓ Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Mexican Brown Rice Whole Kernel Corn Shredded Lettuce/Diced Tomatoes Orange Wedges</p> <p>Grab N' Go Plate: Grilled Chicken Chef Bowl</p> <p>Deli Choice: Turkey & Cheese Wrap Plate</p>	<p>23</p> <p><u>CHEF'S CHOICE</u></p> <p><u>CHOICE OF ENTRÉE</u> Oven Fried Chicken w Roll Cheese Lasagna w Breadstick BBQ Meatball Sub ✓ ✓ Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Mashed Potato Collard Greens Blueberry Mix Garden Salad w dressing Banana</p> <p>✓ Grab N' Go Plate: Hummus & Pita Plate</p> <p>Deli Choice: Spicy Chicken Wrap Plate</p>	<p>24 LAST DAY OF SCHOOL</p> <p> Summer Vacation</p> <p><u>CHEF'S CHOICE</u> Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza BBQ Pork Sandwich Chicken Sandwich ✓ Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Green Beans Carrot Sticks w/ Ranch Dip Coleslaw Apple Wedges Fruit Icee</p> <p>Grab N' Go Plate: Southwest Salad Bowl</p> <p>Deli Choice: Grilled Chicken Wrap Plate</p> <p></p>