



# Traditional Breakfast Menu

## September 2019



| Monday   | Tuesday   | Wednesday   | Thursday   | Friday   |
|--|---|---|--|--|
| <p>2</p>    | <p>3</p>   | <p>4</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Mini Cinnamon<br/>           Eggo Waffles w/ Syrup<br/>           Sausage Biscuit<br/>           Berry Patch Smoothie &amp; Muffin<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Cheese Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           Pineapple Tidbits<br/>           Fresh Peach</p>  | <p>5</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Grilled Cheese Sandwich<br/>           Steak Biscuit<br/>           Peach-Berry Yogurt Parfait<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Buttered Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Apple Juice<br/>           Fruit Cocktail</p>  | <p>6</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Grits Breakfast Bowl<br/>           Breakfast Burrito<br/>           Citrus Berry Burst Smoothie &amp; Muffin<br/>  Assorted Cereal w/ Cinnamon Toast<br/> <b>WITH: Potato Hash Rounds</b></p> <p><b>CHOICE OF SIDES</b><br/>           Sliced Peaches<br/>           Banana</p>   |
| <p>9</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Turkey Sausage Links &amp; Eggs w/ Toast<br/>           Steak Biscuit w/Jelly<br/>           Sunset Smoothie &amp; Muffin<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Potato Hash Rounds</b></p> <p><b>CHOICE OF SIDES</b><br/>           Applesauce<br/>           Orange Wedges</p>   | <p>10</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Sausage &amp; Pancake<br/>           Breakfast Bites w/ Syrup<br/>           Egg &amp; Cheese Croissant<br/>           Peach-Berry Yogurt Parfait<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Cinnamon Oatmeal</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Orange Juice<br/>           Sliced Peaches</p> | <p>11</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Chicken Biscuit<br/>  Pillsbury Mini Cinnis<br/>           Berry Blue Yogurt Parfait<br/>           Assorted Cereal w/ Cinnamon Toast<br/> <b>WITH: Buttered Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Apple Juice<br/>           Fruit Cocktail</p>   | <p>12</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Donut Hole Cup<br/>           Turkey Sausage &amp; Gravy<br/>           Breakfast Pizza<br/>           Berry Bliss Yogurt Parfait<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Cheese Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Fruit Punch Juice<br/>           Pineapple Tidbits</p>   | <p>13</p> <p><b>CHOICE OF ENTRÉE</b><br/>  French Toast Sticks w/ Syrup<br/>  Sausage Biscuit<br/>           Strawberry Smoothie &amp; Muffin<br/>           Assorted Cereal w/ Cinnamon Toast<br/> <b>WITH: Buttered Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           Mandarin Oranges<br/>           Diced Pears</p>   |
| <p>16</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Sausage &amp; Eggs w/ Toast &amp; Jelly<br/>           Mini Confetti Pancakes w/ Syrup<br/>           Berry Patch Smoothie &amp; Muffin<br/>  Assorted Cereal w/ Cinnamon Toast<br/> <b>WITH: Buttered Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           Fruit Cocktail<br/>           Orange Wedges</p> | <p>17</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Steak Biscuit w/ Jelly<br/>           Breakfast Buddy<br/>           Pancake/Sausage Stick<br/>           Fruit Sunrise Yogurt Parfait<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Cheese Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Orange Juice<br/>           Applesauce</p>                  | <p>18</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Glazed Cinnamon Roll<br/>           Chicken Biscuit w/ Jelly<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/>           Sunset Smoothie &amp; Muffin<br/> <b>WITH: Cinnamon Oatmeal</b></p> <p><b>CHOICE OF SIDES</b><br/>           Diced Pears<br/>           Sliced Peaches</p>  | <p>19</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Bacon and Egg Pizza<br/>           Beef Nuggets w/ Cheese Toast<br/>           Berry Bliss Yogurt Parfait<br/>  Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Buttered Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Fruit Punch Juice<br/>           Apple Wedges</p> | <p>20</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Canadian Turkey Bacon Egg &amp; Cheese Croissant w/ Jelly<br/>           Turkey Sausage Biscuit w/ Jelly<br/>  Assorted Cereal w/ Cinnamon Toast<br/>           Citrus Berry Burst Smoothie &amp; Muffin<br/> <b>WITH: Potato Hash Rounds</b></p> <p><b>CHOICE OF SIDES</b><br/>           Mandarin Oranges<br/>           Banana</p> |
| <p>23</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Turkey Sausage<br/>           Breakfast Pizza<br/>           Super Donut w/ Oatmeal<br/>           Sunset Smoothie &amp; Muffin<br/>  Assorted Cereal w/ Cinnamon Toast<br/> <b>WITH: Cinnamon Oatmeal</b></p> <p><b>CHOICE OF SIDES</b><br/>           Apple Wedges<br/>           Mandarin Oranges</p>      | <p>24</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Breakfast Bun<br/>           Chicken Biscuit<br/>           Berry Bliss Yogurt Parfait<br/>           Assorted Cereal w/ Toast<br/> <b>WITH: Cinnamon Oatmeal</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Apple Juice<br/>           Fruit Cocktail</p>   | <p>25</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Mini Cinnamon<br/>  Eggo Waffles w/ Syrup<br/>           Sausage Biscuit<br/>           Berry Patch Smoothie &amp; Muffin<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Cheese Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           Pineapple Tidbits<br/>           Fresh Peach</p> | <p>26</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Grilled Cheese Sandwich<br/>           Steak Biscuit<br/>           Peach-Berry Yogurt Parfait<br/>           Assorted Cereal w/ Toast &amp; Jelly<br/> <b>WITH: Buttered Grits</b></p> <p><b>CHOICE OF SIDES</b><br/>           100% Apple Juice<br/>           Fruit Cocktail</p>  | <p>27</p> <p><b>CHOICE OF ENTRÉE</b><br/>  Grits Breakfast Bowl<br/>           Breakfast Burrito<br/>           Citrus Berry Burst Smoothie &amp; Muffin<br/>  Assorted Cereal w/ Cinnamon Toast<br/> <b>WITH: Potato Hash Rounds</b></p> <p><b>CHOICE OF SIDES</b><br/>           Sliced Peaches<br/>           Banana</p>  |

30

**CHOICE OF ENTRÉE**

Turkey Sausage Links &  
Eggs w/ Toast  
Steak Biscuit w/Jelly  
Sunset Smoothie & Muffin  
Assorted Cereal  
w/ Toast & Jelly



**WITH: Potato Hash Rounds**

**CHOICE OF SIDES**

Applesauce  
Orange Wedges



**Fresh, Juicy, Locally Grown  
APPLES from Elijay,  
Georgia, The Apple Capital  
of the State**



**THIS INSTITUTION IS AN  
EQUAL  
OPPORTUNITY  
PROVIDER.**

**MENU SUBJECT TO  
CHANGE WITHOUT  
NOTICE DUE TO  
PRODUCT  
AVAILABILITY**

**Breakfast Prices**

Elementary - \$1.60  
Middle/High - \$1.60  
Reduced - \$.30



Denotes Vegetarian  
Denotes Pork

