



Middle School Lunch Menu

January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>NO SCHOOL</u></p> <p> Denotes Vegetarian</p> <p> Denotes Pork</p> <p>Middle/High Prices Full Price Lunch \$ 2.90 Reduced Price Lunch \$.40</p>	<p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.</p>	<p>1</p> <p><u>NO SCHOOL</u></p>	<p>2</p> <p><u>NO SCHOOL</u></p>	<p>3</p> <p><u>NO SCHOOL</u></p> <p><u>FARM TO SCHOOL SPOTLIGHT</u></p> <p>Fresh Collards from Baker Farms, Norman Park, GA</p> <p>FUN FACTS</p> <p>Collard greens are a great provider of Vitamin K, A, and C. They grow much sweeter during the months of December through March. It is a southern tradition to eat your greens at the start of the new year.</p>
<p>6</p> <p><u>NO SCHOOL</u></p>	<p>7</p> <p><u>CHOICE OF ENTRÉE</u> Chicken Nuggets w/Roll Chicken Fried Steak & Country Gravy w/Roll Dill Chicken Sandwich Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Mashed Potatoes Peas & Carrots Sliced Peaches Sliced Pears</p>	<p>8</p> <p><u>CHOICE OF ENTRÉE</u> Beef & Cheddar Nachos Cheddar Cheese Nachos w/Salsa & Sour Cream Beef Crunchy Taco Spicy Chicken Sandwich Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Mexican Brown Rice Broccoli Florets Black Beans Cinnamon Applesauce Fruit Cocktail</p>	<p>9</p> <p><u>CHOICE OF ENTRÉE</u> Spaghetti w/Garlic Breadstick Southern Style Chicken Sandwich Shredded Pork Street Taco Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Green Beans Steamed Carrots Garden Salad w/Dressing Sliced Peaches Chocolate Chip Cookie</p> <p>Deli Choice: Italian Sub Plate</p>	<p>10</p> <p><u>CHOICE OF ENTRÉE</u> Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza Fish Nuggets w/Hushpuppies Buffalo Chicken Tenders w/Roll Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Cross Cut Sweet Potato Fries Whole Kernel Corn Veggie Dipper Cup Coleslaw Diced Pears</p> <p>Deli Choice: Chicken Tender Wrap Plate</p>
<p>13</p> <p><u>CHOICE OF ENTRÉE</u> Popcorn Chicken w/Roll Cheese-Stuffed Breadsticks w/Marinara Corn Dog Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Mashed Potatoes Broccoli Florets Grape Tomatoes & Cucumber Slices w/Ranch Dip Sliced Peaches</p> <p>Deli Choice: Buffalo Chicken Wrap Plate</p>	<p>14</p> <p><u>FARM TO SCHOOL CHOICE OF ENTRÉE</u> Oven-Fried Chicken w/ Cornbread Muffin Pulled Pork Sandwich Steak Nuggets w/ Cornbread Muffin Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Macaroni and Cheese Fresh Collard Greens Coleslaw Cinnamon Applesauce</p> <p>Deli Choice: Italian Sub Plate</p>	<p>15</p> <p><u>CHOICE OF ENTRÉE</u> Pollo Loco w/ Salsa & Sour Cream Fiestada Pizza Buffalo Chicken Chunks w/ Roll Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Whole Kernel Corn Black Beans Lettuce/ Diced Tomatoes Pineapple Tidbits</p> <p>Deli Choice: Turkey & Cheese Sub Plate</p>	<p>16</p> <p><u>CHOICE OF ENTRÉE</u> Chicken 'n Waffles w/ Syrup Pulled Pork Sliders Chicken Chili Crispito w/ Cheese Sauce & Roll Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Deli-Roasted Potatoes Broccoli Salad Apple Juice Banana</p> <p>Deli Choice: Grilled Chicken Wrap Plate</p>	<p>17</p> <p><u>MLK CELEBRATION CHOICE OF ENTRÉE</u> Personal Pan Cheese Pizza Personal Pan Pepperoni Pizza Cheese Lasagna w/ Garlic Toast Grilled Chicken Sandwich Jammer Pack</p> <p><u>CHOICE OF SIDES</u> Green Beans Carrot Sticks w/ Ranch Dip Garden Salad w/ Dressing Apple Wedges Let's Celebrate Cupcake</p> <p>Deli Choice: Chicken Tender Wrap Plate</p>

20

NO SCHOOL




Martin Luther King, Jr. Day

21

CHOICE OF ENTRÉE

Buffalo Chicken
w/ Cornbread Muffin
Steak Fingers w/ Country
Gravy Dip & Cornbread Muffin
Dill Chicken Sandwich
✓ Jammer Pack

CHOICE OF SIDES

Macaroni & Cheese
Turnip Greens
Baked Beans
Sliced Peaches
 **Chocolate Brownie**

Deli Choice:
Spicy Chicken Wrap Plate

22

CHOICE OF ENTRÉE

Walking Taco
w/ Salsa & Sour Cream
Taco Max Snax w/ Salsa
Grilled Chicken Sandwich
✓ Jammer Pack

CHOICE OF SIDES

Mexican Rice
Whole Kernel Corn
Lettuce/ Diced Tomatoes
Pineapple Tidbits


Deli Choice:
Club Sub Plate

23

**Chinese New Year
Celebration
CHOICE OF ENTRÉE**

✓ Orange Chicken
Teriyaki Beef Strips
Both Served w/ Fried Rice &
Egg Roll
Pizza Crunchers
✓ Jammer Pack

CHOICE OF SIDES

Steamed Cabbage
Stir Fried California Blend
Vegetables
"Good Fortune" Fruit Iced
Orange Flavored Raisins
 **Fortune Cookie**

Deli Choice:
Chicken Tender Wrap Plate

24

CHOICE OF ENTRÉE

✓ **Wild Mike's Cheese Pizza**
Wild Mike's Pepperoni Pizza
Southern Style Chicken
Sandwich
Mini Corndogs
Jammer Pack

CHOICE OF SIDES

Cross Cut Sweet Potato Fries
Roasted Vegetables
Garden Salad
w/ Assorted Dressings
Strawberries & Bananas

Deli Choice:
Chicken Fajita Wrap Plate

27

CHOICE OF ENTRÉE

Cheeseburger
Chili Cheese Hot Dog
Meatball Sub w/Mozzarella
Cheese
✓ Jammer Pack

CHOICE OF SIDES

Baked Beans
Seasoned Potato Wedges
Lettuce/Sliced Tomatoes
Sliced Peaches

Deli Choice:
Chicken Fajita Wrap Plate

28

CHOICE OF ENTRÉE

✓ Chicken Nuggets w/Roll
Chicken Fried Steak &
Country Gravy w/Roll
Dill Chicken Sandwich
✓ Jammer Pack

CHOICE OF SIDES

Mashed Potatoes
Peas & Carrots
Shredded Lettuce/Sliced
Tomatoes
Apple Wedges

Deli Choice:
Buffalo Chicken Wrap Plate

29

CHOICE OF ENTRÉE

✓ Beef & Cheddar Nachos
✓ **Cheddar Cheese Nachos
w/Salsa & Sour Cream**
Beef Crunchy Taco
Spicy Chicken Sandwich
Jammer Pack

CHOICE OF SIDES

Mexican Brown Rice
Broccoli Florets
Shredded Lettuce/Diced
Tomatoes
Orange Wedges


Deli Choice:
Turkey & Cheese Sub Plate

30

CHOICE OF ENTRÉE

✓ Spaghetti w/Garlic Breadstick
Southern Style Chicken
Sandwich
Shredded Pork Street Taco
✓ Jammer Pack

CHOICE OF SIDES

Green Beans
Steamed Carrots
Garden Salad w/Dressing
Sliced Peaches
 **Chocolate Chip Cookie**

Deli Choice:
Italian Sub Plate

31 **BIRTHDAY CELEBRATION!**



CHOICE OF ENTRÉE

✓ **Stuffed Crust Cheese Pizza**
Stuffed Crust Pepperoni
Pizza
Fish Nuggets w/Hushpuppies
Buffalo Chicken Tenders
w/Roll
Jammer Pack

CHOICE OF SIDES

Whole Kernel Corn
Veggie Dipper Cup
Coleslaw
Diced Pears

Deli Choice:
Chicken Tender Wrap
Plate



Mini Rice Krispy Treat