









# October



## High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Lunch Prices</u> Elementary Lunch \$2.75 Middle/ High School Lunch \$2.90 Reduced Price Lunch \$.40</p> <p> Denotes Pork</p> <p><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY</b></p>	<p><b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b></p>	<p></p> <p></p> <p><b>GEORGIA GROWN SQUASH</b></p>	<p>1 <b>CHOICE OF ENTRÉE</b> Beef &amp; Cheddar Nachos Cheddar Cheese Nachos w/Salsa &amp; Sour Cream Taco Max Snax w/Salsa Supreme Personal Pizza</p> <p><b>CHOICE OF SIDES</b> Mexican Brown Rice Steamed Broccoli Florets Shredded Lettuce/Diced Tomatoes Apple Wedges Pineapple Tidbits Milk</p> <p><b>Grab N' Go Plate:</b> Grilled Chicken Chef Salad <b>Deli Choice:</b> Turkey &amp; Cheese Sub Plate</p>	<p>2 <b>CHOICE OF ENTRÉE</b> Big Daddy's Cheese Pizza Big Daddy's Pepperoni Pizza Catfish Strips w/Hushpuppies Buffalo Chicken Tenders w/Roll</p> <p><b>CHOICE OF SIDES</b> Whole Kernel Corn Veggie Dippers w/Ranch Coleslaw Diced Pears Sliced Peaches Milk</p> <p><b>Grab N' Go Plate:</b> Southwest Salad Bowl <b>Deli Choice:</b> Chicken Tender Wrap Plate</p>
<p>5 <b>CHOICE OF ENTRÉE</b> Oven-Fried Chicken w/ Cornbread Muffin Pulled Pork Sandwich Chili w/ Cornbread Muffin</p> <p> <b>CHOICE OF SIDES</b> Macaroni and Cheese Collard Greens Coleslaw Applesauce Fruit Cocktail Milk</p> <p><b>Grab N' Go Plate:</b> Hummus &amp; Pita Plate <b>Deli Choice:</b> Italian Sub Plate</p>	<p>6 <b>CHOICE OF ENTRÉE</b> Orange Chicken Teriyaki Beef Strips Both Served w//Fried Rice &amp; Egg Roll Pizza Crunchers</p> <p><b>CHOICE OF SIDES</b> Steamed Cabbage Stir Fried California Blend Vegetables "Good Fortune" Fruit Icee Flavored Raisins Fortune Cookie Milk</p> <p><b>Grab N' Go Plate:</b> Chef Salad Bowl <b>Deli Choice:</b> Grilled Chicken Wrap Plate</p>	<p>7 <b>FLEX DAY</b></p>	<p>8 <b>CHOICE OF ENTRÉE</b> Queso Blanco Chicken Nachos w/ Salsa &amp; Sour Cream Sloppy Joe Sandwich Cheeseburger</p> <p><b>CHOICE OF SIDES</b> Whole Kernel Corn Black Beans Shredded Lettuce/ Diced Tomatoes Fruit Cocktail Apple Milk</p> <p><b>Grab N' Go Plate:</b> Vegetarian Chef Salad <b>Deli Choice:</b> Turkey &amp; Cheese Sub Plate</p>	<p>9 <b>CHOICE OF ENTRÉE</b> Chicken Alfredo Pasta w/Garlic Breadstick Cheese Lasagna w/Breadstick Buffalo Chicken Pizza</p> <p><b>CHOICE OF SIDES</b> Steamed Carrots Broccoli Florets Grape Tomatoes &amp; Cucumber Slices w/Ranch Dip Sliced Peaches Pineapple Tidbits</p> <p><b>Grab N' Go Plate:</b> Market Salad Bowl <b>Deli Choice:</b> Buffalo Chicken Wrap Plate</p>
<p>12 <b>Farm to School Spotlight National School Lunch Week</b></p> <p><b>CHOICE OF ENTRÉE</b> Wild Mike's Cheese Pizza Wild Mike's Pepperoni Pizza Mini Corndogs Breaded Chicken Sandwich</p> <p><b>CHOICE OF SIDES</b> Cross-Cut Sweet Potato Fries Squash Medley Garden Salad w/Dressing Apple Wedges Fruit Cocktail Carnival Cookie Milk</p> <p><b>Grab N' Go Plate:</b> Taco Salad Bowl <b>Deli Choice:</b> Chicken Fajita Wrap Plate</p>	<p>13 <b>National School Lunch Week</b></p> <p><b>CHOICE OF ENTRÉE</b> Walking Taco w/Salsa &amp; Sour Cream Garlic French Bread Pizza w/Marinara Sauce Taco Max Snax w/Salsa</p> <p><b>CHOICE OF SIDES</b> Mexican Rice Whole Kernel Corn Shredded Lettuce/Diced Tomatoes Diced Pears Pineapple Tidbits Milk</p> <p><b>Grab N' Go Plate:</b> Chef Salad Bowl <b>Deli Choice:</b> Club Sub Plate</p>	<p>14 <b>National School Lunch Week</b></p> <p><b>FLEX DAY</b></p>	<p>15 <b>National School Lunch Week</b></p> <p><b>CHOICE OF ENTRÉE</b> Buffalo Chicken w/Cornbread Muffin Steak Fingers w/ Country Gravy Dip &amp; Cornbread Muffin Sloppy Joe Sandwich</p> <p><b>CHOICE OF SIDES</b> Macaroni &amp; Cheese Turnip Greens Baked Beans Sliced Peaches Fruit Cocktail Milk</p> <p><b>Grab N' Go Plate:</b> Hummus &amp; Pita Plate <b>Deli Choice:</b> Spicy Chicken</p>	<p>16 <b>National School Lunch Week</b></p> <p><b>CHOICE OF ENTRÉE</b> Chicken n' Waffles w/Syrup Chili Crispito w/Cheese Sauce &amp; Roll Garlic French Bread Pizza w/Marinara Sauce</p> <p><b>CHOICE OF SIDES</b> Deli-Roasted Potatoes Broccoli Salad "Cherry Star" Fruit/Vegetable Juice Apple Pineapple Tidbits Chocolate Pudding w/Topping Milk</p> <p><b>Grab N' Go Plate:</b> Vegetarian Chef Salad <b>Deli Choice:</b> Grilled Chicken Wrap Plate</p>

<p>19</p> <p><b><u>CHOICE OF ENTRÉE</u></b>          Cheeseburger          Chili Cheese Hot Dog          Meatball Sub          w/Mozzarella Cheese          Big Daddy's Pepperoni Pizza</p> <p><b><u>CHOICE OF SIDES</u></b>          Baked Beans          Seasoned Potato Wedges          Shredded Lettuce/ Sliced          Tomato          Sliced Peaches          Diced Pears</p> <p><b>Grab N' Go Plate:</b>          Vegetarian Chef Salad ✓  <b>Deli Choice:</b>          Chicken Fajita Wrap Plate</p>	<p>20</p> <p><b><u>HOICE OF ENTRÉE</u></b>          Beef &amp; Cheddar Nachos          Cheddar Cheese Nachos          w/Salsa &amp; Sour Cream          Taco Max Snax w/Salsa          Supreme Personal Pizza</p> <p><b><u>CHOICE OF SIDES</u></b>          Mexican Brown Rice          Steamed Broccoli Florets          Shredded Lettuce/Diced          Tomatoes          Fresh Pear          Pineapple Tidbits          Milk</p> <p><b>Grab N' Go Plate:</b>          Hummus &amp; Pita Plate ✓  <b>Deli Choice:</b>          Buffalo Chicken Wrap Plate</p>	<p>21</p> <p><b>FLEX DAY</b></p>	<p>22</p> <p><b><u>CHOICE OF ENTRÉE</u></b>          Spaghetti &amp; Meatballs w/ Garlic          Breadstick          Cheese Lasagna w/Garlic          Breadstick          Sloppy Joe Sandwich</p> <p><b><u>CHOICE OF SIDES</u></b>          Green Beans          Steamed Carrots          Tossed Salad w/Dressing          Banana          Applesauce          Milk</p> <p><b>Grab N' Go Plate:</b>          Vegetarian Chef Salad ✓  <b>Deli Choice:</b>          Chicken Fajita Wrap Plate</p>	<p>23 <b>Red Ribbon Week</b>  <b><u>CHOICE OF ENTRÉE</u></b>          Chicken Nuggets w/Roll          Turkey Pot Roast w/Roll          Dill Chicken Sandwich</p> <p><b><u>CHOICE OF SIDES</u></b>          Mashed Potatoes          Peas and Carrots          Shredded Lettuce/Sliced          Tomatoes          Apple          Fruit Cocktail  <b>Hugs Not Drugs Cookies</b></p> <p><b>Grab N' Go Plate:</b>          Hummus &amp; Pita Plate  <b>Deli Choice:</b>          Buffalo Chicken Wrap Plate</p>
<p>26 <b>Farm to School Spotlight</b>  <b>Red Ribbon Week</b>  <b><u>CHOICE OF ENTRÉE</u></b>          Oven-Fried Chicken          w/Cornbread Muffin          Pulled Pork Sandwich          Steak Nuggets          w/Cornbread Muffin</p> <p><b><u>CHOICE OF SIDES</u></b>          Macaroni and Cheese          Collard Greens  <b>Squash Casserole</b>          Fruit Cocktail          Sliced Peaches</p> <p><b>Grab N' Go Plate:</b>          Hummus &amp; Pita Plate ✓  <b>Deli Choice:</b>          Italian Sub Plate</p>	<p>27 <b>Red Ribbon Week</b>  <b><u>CHOICE OF ENTRÉE</u></b>          Orange Chicken          Teriyaki Beef Strips          Both Served w//Fried Rice &amp;          Egg Roll          Pizza Crunchers          Spicy Chicken Sandwich</p> <p><b><u>CHOICE OF SIDES</u></b>          Steamed Cabbage          Stir Fried California Blend          Vegetables          Shredded Lettuce/Sliced          Tomatoes          "Good Fortune" Fruit Icee          Flavored Raisins   <b>Fortune Cookie</b></p> <p><b>Grab N' Go Plate:</b>          Chef Salad Bowl  <b>Deli Choice:</b>          Grilled Chicken Wrap Plate</p>	<p>28 <b>Red Ribbon Week</b></p> <p>Big Daddy's Cheese Pizza          Big Daddy's Meat Lover's          Pizza          Grilled Chicken Sandwich          Buffalo Chicken Chunks w/Roll</p> <p><b><u>CHOICE OF SIDES</u></b>          Green Beans          Carrot Sticks w/Ranch Dip          Shredded Lettuce/Sliced          Tomatoes          Apple Wedges          100% Fruit Punch          Milk</p> <p><b>Grab N' Go Plate:</b>          Turkey Chef Salad  <b>Deli Choice:</b>          Chicken Tender Wrap</p>	<p>29 <b>Happy Birthday</b>  <b>Red Ribbon Week</b>  <b><u>CHOICE OF ENTRÉE</u></b>          Queso Blanco Chicken Nachos          w/Salsa &amp; Sour Cream          Fiestada Pizza          Buffalo Chicken Chunks          w/Roll          Cheeseburger</p> <p><b><u>CHOICE OF SIDES</u></b>          Whole Kernel Corn          Black Beans          Shredded Lettuce/Sliced          Tomatoes          Pineapple Tidbits          Mandarin Oranges</p> <p><b>Grab N' Go Plate:</b>          Vegetarian Chef Salad ✓  <b>Deli Choice:</b>          Turkey &amp; Cheese Sub Plate</p> <p>  <b>Mini Rice Krispy Treat</b></p>	<p>30 <b>Happy Halloween</b>  <b>Red Ribbon Week</b>  <b><u>CHOICE OF ENTRÉE</u></b>          Chicken Alfredo Pasta          w/Garlic Breadstick          Lasagna w/Garlic Breadstick          Corn Dog          Buffalo Chicken Pizza</p> <p><b><u>CHOICE OF SIDES</u></b>          Steamed Carrots          Broccoli Florets          Grape Tomatoes &amp;          Cucumber Slices w/Ranch          Dip          Sliced Peaches          Fruit Cocktail</p> <p><b>Grab N' Go Plate:</b>          Market Salad Bowl  <b>Deli Choice:</b>          Buffalo Chicken Wrap Plate</p> <p><b>Eek Frozen Fruit Cup</b></p> <p></p>

**National School Lunch Week – October 12-16**

