



# High School Lunch Menu January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>NO SCHOOL</b></p> <p> Denotes Vegetarian</p> <p> Denotes Pork</p> <p>Middle/High Prices Full Price Lunch \$ 2.90 Reduced Price Lunch \$.40</p>	<p><b>NO SCHOOL</b></p> <p><b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b></p> <p><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY.</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p> <p><b>FARM TO SCHOOL SPOTLIGHT</b></p> <p>Fresh Collards from Baker Farms, Norman Park, GA</p> <p><b>FUN FACTS</b></p> <p>Collard greens are a great provider of Vitamin K, A, and C. They grow much sweeter during the months of December through March. It is a southern tradition to eat your greens at the start of the new year.</p>
<p><b>NO SCHOOL</b></p>	<p><b>CHOICE OF ENTRÉE</b></p> <p>Chicken Nuggets w/Roll Chicken Fried Steak &amp; Country Gravy w/Roll Dill Chicken Sandwich Morning Star Veggie Burger</p> <p></p> <p><b>CHOICE OF SIDES</b></p> <p>Mashed Potatoes Peas &amp; Carrots Baked Beans Sliced Peaches Sliced Pears</p>	<p><b>CHOICE OF ENTRÉE</b></p> <p>Beef &amp; Cheddar Nachos  Cheddar Cheese Nachos w/Salsa &amp; Sour Cream Beef Crunchy Taco Spicy Chicken Sandwich Supreme Personal Pizza</p> <p><b>CHOICE OF SIDES</b></p> <p>Mexican Brown Rice Broccoli Florets Black Beans Cinnamon Applesauce Fruit Cocktail</p>	<p><b>CHOICE OF ENTRÉE</b></p> <p>Spaghetti w/Garlic Breadstick Southern Style Chicken Sandwich Shredded Pork Street Taco Cheeseburger</p> <p><b>CHOICE OF SIDES</b></p> <p>Green Beans Steamed Carrots Garden Salad w/Dressing "Cherry Star" Fruit/Vegetable Juice Sliced Peaches</p> <p> <b>Chocolate Chip Cookie</b></p> <p><b>Grab N' Go Plate:</b> Vegetarian Chef Salad </p> <p><b>Deli Choice:</b> Italian Sub Plate</p>	<p><b>CHOICE OF ENTRÉE</b></p> <p>Big Daddy's Pepperoni Pizza Fish Nuggets w/Hushpuppies Buffalo Chicken Tenders w/Roll Beef &amp; Cheddar Nachos</p> <p><b>CHOICE OF SIDES</b></p> <p>Cross-Cut Sweet Potato Fries Whole Kernel Corn Veggie Dipper Cup Applesauce Diced Pears</p> <p><b>Grab N' Go Plate:</b> Southwest Salad Bowl</p> <p><b>Deli Choice:</b> Chicken Tender Wrap Plate</p>
<p><b>CHOICE OF ENTRÉE</b></p> <p>Popcorn Chicken w/ Roll  Cheese-Stuffed Breadsticks w/ Marinara Corn Dog Buffalo Chicken Pizza</p> <p><b>CHOICE OF SIDES</b></p> <p>Mashed Potatoes Broccoli Florets Steamed Carrots Sliced Peaches Cinnamon Applesauce</p> <p><b>Grab N' Go Plate:</b> Vegetarian Chef Salad</p> <p><b>Deli Choice:</b> Buffalo Chicken Wrap Plate</p>	<p><b>Farm to School Spotlight</b></p> <p><b>CHOICE OF ENTRÉE</b></p> <p>Oven-Fried Chicken w/ Cornbread Muffin  Pulled Pork Sandwich Steak Nuggets w/ Cornbread Muffin Fish Nuggets w/Cornbread Muffin</p> <p><b>CHOICE OF SIDES</b></p> <p>Macaroni and Cheese</p> <p> <b>Fresh Collard Greens</b> Coleslaw Fruit Cocktail Apple Wedges</p> <p><b>Grab N' Go Plate:</b> Hummus &amp; Pita Plate </p> <p><b>Deli Choice:</b> Italian Sub Plate</p>	<p><b>CHOICE OF ENTRÉE</b></p> <p>Pollo Loco w/Salsa &amp; Sour Cream Fiestada Pizza Buffalo Chicken Chunks w/ Roll Cheeseburger</p> <p><b>CHOICE OF SIDES</b></p> <p>Whole Kernel Corn Black Beans Lettuce/Diced Tomatoes Pineapple Tidbits Mandarin Oranges</p> <p><b>Grab N' Go Plate:</b> Vegetarian Chef Salad </p> <p><b>Deli Choice:</b> Turkey &amp; Cheese Sub Plate</p>	<p><b>CHOICE OF ENTRÉE</b></p> <p>Chicken 'n Waffles Pulled Pork Sliders Chicken Chili Crispito w/Cheese Sauce &amp; Roll Spicy Chicken Sandwich</p> <p><b>CHOICE OF SIDES</b></p> <p>Deli-Roasted Potatoes Green Beans Steamed Carrots Lettuce/Sliced Tomatoes Apple Juice Banana</p> <p><b>Grab N' Go Plate:</b> Vegetarian Chef Salad </p> <p><b>Deli Choice:</b> Grilled Chicken Wrap Plate</p>	<p><b>MLK Celebration</b></p> <p><b>CHOICE OF ENTRÉE</b></p> <p> <b>Big Daddy's Cheese Pizza</b> Big Daddy's Meat Lover's Pizza Cheese Lasagna w/ Garlic Toast Grilled Chicken Sandwich Beef and Cheddar Nachos</p> <p><b>CHOICE OF SIDES</b></p> <p>Green Beans Carrot Sticks w/ Ranch Dip Lettuce/Diced Tomatoes Sliced Pears Orange Wedges</p> <p> <b>Let's Celebrate Cupcake</b></p> <p><b>Grab N' Go Plate:</b> Turkey Chef Salad</p> <p><b>Deli Choice:</b> Chicken Tender Wrap Plate</p>

20

**NO SCHOOL**



21

**CHOICE OF ENTRÉE**

Buffalo Chicken w/Cornbread Muffin  
Steak Fingers w/Country Gravy Dip & Cornbread Muffin  
Dill Chicken Sandwich  
Buffalo Chicken Pizza

**CHOICE OF SIDES**

Macaroni & Cheese  
Turnip Greens  
Baked Beans  
Sliced Peaches  
Fruit Cocktail  
Chocolate Brownie

**Grab N' Go Plate:**  
Hummus & Pita Plate

**Deli Choice:**  
Spicy Chicken Wrap Plate

22

**CHOICE OF ENTRÉE**

Walking Taco w/Salsa & Sour Cream  
Taco Max Snax w/Salsa  
Grilled Chicken Sandwich  
Stuffed Crust Pepperoni Pizza

**CHOICE OF SIDES**

Mexican Rice  
Whole Kernel Corn  
Lettuce/Diced Tomatoes  
Diced Pears  
Orange Wedges

**Grab N' Go Plate:**  
Chef Salad Bowl

**Deli Choice:**  
Club Sub Plate

23

**Chinese New Year Celebration**

**CHOICE OF ENTRÉE**

Orange Chicken  
Teriyaki Beef Strips  
Both Served w/ Fried Rice & Egg Roll

**CHOICE OF SIDES**

Spicy Chicken Sandwich

**CHOICE OF SIDES**

Steamed Cabbage  
Stir Fried California Blend Vegetables  
Lettuce/Sliced Tomatoes  
"Good Fortune" Fruit Icee  
Orange Flavored Raisins  
Fortune Cookie

**Grab N' Go Plate:**  
Market Salad Bowl

**Deli Choice:**  
Chicken Tender Wrap Plate

24

**CHOICE OF ENTRÉE**

**Wild Mike's Cheese Pizza**  
Wild Mike's Pepperoni Pizza  
Southern Style Chicken Sandwich  
Mini Corndogs  
Queso Blanco Chicken Nachos

**CHOICE OF SIDES**

Cross Cut Sweet Potato Fries  
Roasted Vegetables  
Lettuce/Diced Tomatoes  
"Mango Wango"  
Fruit/Vegetable Juice  
Strawberries & Bananas

**Grab N' Go Plate:**  
Taco Salad Bowl

**Deli Choice:**  
Chicken Fajita Wrap Plate

27

**CHOICE OF ENTRÉE**

Cheeseburger  
Chili Cheese Hot Dog  
Meatball Sub w/Mozzarella Cheese  
Grilled Chicken Sandwich

**CHOICE OF SIDES**

Baked Beans  
Seasoned Potato Wedges  
Lettuce/Sliced Tomatoes  
Sliced Peaches  
Applesauce

**Grab N' Go Plate:**  
Vegetarian Chef Salad

**Deli Choice:**  
Chicken Fajita Wrap Plate

28

**CHOICE OF ENTRÉE**

Chicken Nuggets w/Roll  
Chicken Fried Steak & Country Gravy w/Roll  
Dill Chicken Sandwich  
Morning Star Veggie Burger

**CHOICE OF SIDES**

Mashed Potatoes  
Peas & Carrots  
Shredded Lettuce/Sliced Tomatoes  
Mandarin Oranges  
Apple Wedges

**Grab N' Go Plate:**  
Hummus & Pita Plate

**Deli Choice:**  
Buffalo Chicken Wrap Plate

29

**CHOICE OF ENTRÉE**

Beef & Cheddar Nachos  
Cheddar Cheese Nachos w/Salsa & Sour Cream  
Beef Crunchy Taco  
Spicy Chicken Sandwich

**CHOICE OF SIDES**

Mexican Brown Rice  
Broccoli Florets  
Lettuce/Diced Tomatoes  
Pineapple Tidbits  
Orange Wedges

**Grab N' Go Plate:**  
Grilled Chicken Chef Salad

**Deli Choice:**  
Turkey & Cheese Sub Plate

30

**CHOICE OF ENTRÉE**

Spaghetti w/Garlic Breadstick  
Southern Style Chicken Sandwich  
Shredded Pork Street Taco  
Cheeseburger

**CHOICE OF SIDES**

Green Beans  
Steamed Carrots  
Garden Salad w/Dressing  
Sliced Peaches  
Apple Juice

Carnival Cookie

**Grab N' Go Plate:**  
Hummus & Pita Plate

**Deli Choice:**  
Italian Sub Plate

31 BIRTHDAY CELEBRATION



**CHOICE OF ENTRÉE**

Big Daddy's Pepperoni Pizza  
Fish Nuggets w/Hushpuppies  
Buffalo Chicken Tenders w/Roll  
Beef & Cheddar Nachos

**CHOICE OF SIDES**

Whole Kernel Corn  
Veggie Dipper Cup  
Coleslaw  
Diced Pears  
Fruit Cocktail

**Grab N' Go Plate:**  
Southwest Salad Bowl

**Deli Choice:**  
Chicken Tender Wrap Plate  
Mini Rice Krispy Treat

