

# SENIOR BRAG SHEET

Please fill out this form as accurately and completely as possible. Don't be afraid to "brag" about yourself a little. Your counselor and teachers will use this information in recommending you for scholarships, college admission, and other honors/awards.

_____	_____	_____
Full legal name	Name you go by	
_____	_____	_____
Date of birth	Home phone	E-Mail address

\_\_\_\_\_

Name of parents you live with    Father ( ) Step-father ( ) Mother ( ) Step-father ( ) Other ( )

_____	_____	List siblings: Name      Age
Father's/Guardian Place of Employment	Father's/Guardian Work Phone	
_____	_____	_____
Mother's/Guardian Place of Employment	Mother's/Guardian Work Phone	_____
		_____

We would like to know about your involvement in any of the following areas: Musical activities, literary pursuits, artistic endeavors, and/or dramatic activities. Please elaborate with a few sentences on each area relevant to you, include the years you have been involved, and indicate any plans to continue to stay involved in college.

**MUSIC** - Band, Chorus, select groups, private study, instrument played, awards, etc.

**LITERARY** – Newspaper, Yearbook, outside submissions/publications.

**ARTISTIC** – Drawing, painting, photography, sculpture, outside classes, workshops or awards. Do you have or intend to have a portfolio?

**DRAMATIC** – Plays, musicals, community theater, roles played, outside study or workshops. Include any backstage, crew or technical roles.

## Activities and Leadership roles beginning with 9<sup>th</sup> grade

**Clubs and organizations:** Have you had any other involvement with clubs or organizations (either in or out of school?) Please list and indicate any leadership roles

Name of club or activity	Years/Grades involved	Leadership Role
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

What interests or activities are most important to you? What gets your full commitment or excites you the most? What have you gained from these experiences?

\_\_\_\_\_

\_\_\_\_\_

Evaluate yourself as a student, taking into consideration your interests, intellectual motivation, work ethic and ability to work under pressure. Is your academic record a true indicator of your potential? Have any special circumstances affected your performance in high school?

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**Awards and Honors:**

Name of award	Reason for award	Year received

**Athletics:**

Sport	Years/Grades involved	Position played	Awards/recognition?

Do you plan on playing a sport in college? If yes, please indicate the sport and level of play you plan on pursuing.

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Is there any additional information you would like us to know about your athletic career and interests?

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**Church and Youth Activities:** (Include where, type of activity, length of time)

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Elaborate upon any leadership positions you have held in school or the community. What were your duties? What did you learn from these experiences?

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Please list any work or volunteer experience you have had and its significance:

**Community Service:**

Many colleges and scholarship programs are now emphasizing community service. List ways you have given back to the community. Give dates, approximate hours spent and what you did.

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**Work experience: (Past and present)**

Employer	Job Title	Your Duties	Dates

Additional information regarding your employment or volunteer experiences you would like to share?

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Describe any outside interests, hobbies, pursuits or travel opportunities you would like to share.

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Thinking back over the past 3 years, describe an experience that has interested, inspired, or excited you in some way. Tell us about this experience and its impact on you.

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Describe your goals and aspirations for the future.

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What sets you apart from your peers who have similar grades and SAT/ACT scores? (Include any special talents, interests, strengths or passions). Keep in mind that college admission personnel must often distinguish between applicants with similar records.

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**SAT/ACT Information**

**SAT**

Date taken: \_\_\_\_\_ Score: Critical reading \_\_\_\_\_ Math \_\_\_\_\_ Writing \_\_\_\_\_

Date taken: \_\_\_\_\_ Score: Critical reading \_\_\_\_\_ Math \_\_\_\_\_ Writing \_\_\_\_\_

Have you registered for a future SAT? Y / N Date: \_\_\_\_\_

**ACT**

Date taken: \_\_\_\_\_ Score: English \_\_\_\_\_ Math \_\_\_\_\_ Reading \_\_\_\_\_  
Science \_\_\_\_\_ Writing \_\_\_\_\_

Date taken: \_\_\_\_\_ Score: English \_\_\_\_\_ Math \_\_\_\_\_ Reading \_\_\_\_\_  
Science \_\_\_\_\_ Writing \_\_\_\_\_

Have you registered for a future ACT? Y / N Date: \_\_\_\_\_

**Plans after leaving high school: (Check one only)**

- College (Proposed major?) \_\_\_\_\_  
List top three schools you plan to apply to:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Technical School (Proposed major?) \_\_\_\_\_  
List top three schools you plan to apply to:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Military (Which branch) \_\_\_\_\_
- Work (Where, doing what) \_\_\_\_\_

**Career Goal:** (What do you want to be when you "grow up"?)

\_\_\_\_\_

1 <sup>st</sup> choice	2 <sup>nd</sup> choice	3 <sup>rd</sup> choice
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What do you consider your **strongest personal asset**?

\_\_\_\_\_

What five adjectives best describe you and explain why?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name three teachers who know you well and would speak highly of you

\_\_\_\_\_

Is there anything else you would like for someone writing a recommendation to know about you? (Hardships you have overcome; accomplishments you're particularly proud of, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What assistance do you expect from your counselor in your college application process?

\_\_\_\_\_  
\_\_\_\_\_

**IF ANY INFORMATION CHANGES DURING THE YEAR PLEASE UPDATE THIS FORM**

The above information is true and accurate to the best of my knowledge.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date