



FLAT ROCK "EAGLES" ~ WEEK AT A GLANCE

Monday, October 15, 2018

7:30 a.m. – 8:00 a.m. - Math Club

3:25 – 4:30 – Intramurals: Girls

Tuesday, October 16, 2018

Picture Make-up Day

3:10 p.m. – 4:30 p.m. - Art Club

3:30 p.m. – 4:30 p.m. – STEAM Club

Wednesday, October 17, 2018

Report Cards Go Home Today

Thursday, October 18, 2018

6:00 p.m. – FOOTBALL CHAMPIONSHIP GAME (If Flat Rock wins on Saturday, October 13)

3:30 p.m. – 4:30 p.m. – STEAM Club

Friday, October 19, 2018

PTO: A/B Ice Cream Social

8:30 a.m. – 1:30 p.m. - Field Trip: 6 B&C Zoo Atlanta

3:30 p.m. - 5:30 p.m. – Symphonic Band Rehearsal*

3:30 p.m. - 5:00 p.m. – Fall Orchestra Rehearsal*

7:00 p.m. – 10:00 p.m. – Masquerade Ball

Saturday, October 20, 2018

8:00 a.m. – 11:00 a.m. - Saturday School – Selected students

*Parents please keep in mind our 15 minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events

Attention: All Transportation changes must be made before 2:00 pm and early dismissals must be made before 2:50 pm each day for adequate communication time.

All lost and found items are cleared out and donated to charity the last school day of the month. Please be sure to check it regularly.

The above dates and more can be viewed on our school website at <http://www.fcboe.org/frms>. Be Informed and Stay Connected with Flat Rock Middle School

  <http://www.fcboe.org/frms>



CHEERLEADING TEAM NEWS

The Flat Rock cheer team competed for the first time on 9/22 at Starr's Mill High School. The team was awarded 4th place out of 7 teams in the large division. The team has been recognized on the GHSA Cheerleading Twitter page. The team hit their entire routine, and the coaches could not be more proud of them. If you don't know middle school teams are judge on the same rubric as high school teams. Please congratulate these ladies when you see them for all their hard work and dedication.

FRMS Families,

The time is almost upon us. The first Ice Cream Social for the A/B honor roll students this school year. Help us to celebrate those students who achieved their goals for the first nine weeks. The Ice Cream Social is **Friday, October 19, 2018, 10:00am - 1:15pm. WE NEED VOLUNTEERS!** Our largest group of students is in the first time slot, so it is imperative that we have enough volunteers (9) to ensure we serve them quickly and efficiently. Three time slots are set up for your convenience: 10:00 a.m. - 11:15 a.m., 11:00 a.m. - 12:15 p.m., and 12:00 p.m. to 1:15 p.m.



A link to volunteer will be sent out later this week. If you can volunteer for the entire time frame, please sign up for all 3 slots. Please report to the concession stand to the left of the cafeteria after signing in at the front office.

We also need your assistance with toppings. Please deliver toppings to the front office by Thursday, October 18, 2018. The following toppings are needed:

Gummi bears	M&Ms	Sour patch kids
Gummi worms	Chocolate Chip cookies	Trolli sour brite crawlers
Marshmallows	Oreo Cookies	Chocolate syrup

OCTOBER

NATIONAL
BULLYING
PREVENTION
MONTH

Parents benefit from being involved in their children's education by getting ideas on how to help support their children, learning about the school's academic programs and how those programs work. The journey of school is not just for educators and students, it's about parents, too! The **Parent Power** segment is dedicated to sharing articles that support your child's success in school.



Check out the link below to see what parents really need to know about bullying: [12 Bullying Myths](#)



Dear Parents,

Within the next few weeks your child will learn about the **Signs of Suicide (SOS)** during classroom guidance. The goal of the **SOS** program is to inform students ways to help someone who may be in need. Please use the following link to access the Parent Newsletter: <https://tinyurl.com/yb6oterc> Additionally, please read it over, and talk to your child regarding the information. If you have any additional questions and / or concerns regarding the **SOS** program, please feel free to contact your child's school counselor: Dionne Maddox maddox.dionne@mail.fcboe.org or Tama Trammell, Ed trammell.tama@mail.fcboe.org

Leadership Word of the Month for **OCTOBER: CARE**

To feel concern or interest; to attach importance to something

Leadership Trait of the Week
October 10th – October 12th
Kind
Lesly Gonzalez Olmos
Student of the Week

Kind – Wanting to do well and to bring happiness to others



Being kind is a trait we all want from people but can be hard to give. This week's Student of the Week gives kindness freely because kindness is not just what she shows, but kind is who she is. She comes to class daily with a warm smile and positive attitude. When you see kindness in her you see someone who goes out of their way to show appreciation, encouragement, and love to those around her. That's why the 7B Student of the Week is Lesly Gonzalez Olmos.



FLEXIBLE LEARNING CENTER
2ND SATURDAY OF EVERY
MONTH

REGISTER FOR A SESSION USING THIS LINK
(770) 969-2834 or (470) 231-8372
Email: carbo.nastell@mail.fcboe.org
www.fcboe.org/frms

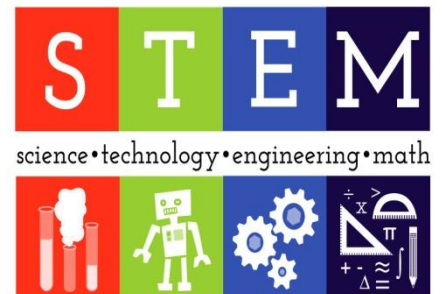
Is a STEM and **Parent Power** initiative designed to expose parents, students and other community stakeholders to educational technology resources that we use in the classroom. Many of these tools have practical applications beyond the classroom and can teach our students workforce development skills. For the 2018 - 2019 school year, we'll leverage the **Flexible Learning Center** to host technology sessions, each session will last an hour on the second Saturday of every month. We will provide light refreshments and request participants to make a charitable donation so we can continue to offer Tech Saturdays throughout the school year.

Next Session

Saturday, November 10th - Web Design with Google Sites

STEM NEWS

Please enjoy the sights and sounds of teachers and students in our **STEM** program. Click on [this link](#) to access our Quarterly Newsletter and be sure to follow us on Twitter: [@EagleSTEM](#) and subscribe to our [YouTube Channel](#).



HISPANIC HERITAGE MONTH

