OCTOBER

FLAT ROCK "EAGLES" ~ WEEK AT A GLANCE



Monday, October 22, 2018

Red Ribbon – Wear RED to show you are ready to take a stand against drugs

7:30 a.m. - 8:00 a.m. - Math Club

3:15 p.m. – 5:00 p.m. – Step Team Practice*

3:25 p.m. – 4:30 p.m. – Intramurals: Boys*

3:30 P.M. - 6:00 P.M. - Basketball: 7th Grade Boys and Girls Tryouts*

Tuesday, October 23, 2018

Red Ribbon - Wear BLUE to show how using drugs and alcohol make you feel sad

3:10 p.m. - 4:30 p.m. - Art Club

3:15 p.m. - 5:00 p.m. - Step Team Practice

3:30 p.m. - 4:30 p.m. - STEAM Club

3:30 P.M. – 6:00 P.M. – Basketball: 7th Grade Boys and Girls Tryouts

5:30 p.m. – 7:30 p.m. - Chick-fil-A Spirit Night @ Kedron Village Shopping Center

7:00 p.m. - 8:00 p.m. - Fall Choral Concert @ Sandy Creek HS - Patriot Hall

Wednesday, October 24, 2018

PINK OUT

3:30 P.M. – 6:00 P.M. – Basketball: 7th Grade Boys and Girls Tryouts

Thursday, October 25, 2018

Red Ribbon – Wear your FAVORITE JERSEY or TEAM SHIRT to show how you lead a healthy life

Alliance Theatre Performance @ SCHS

2:15 p.m. – 8:00 p.m. – Academic Bowl Team: Henderson

3:15 p.m. - 5:00 p.m. - Step Team Practice

3:30 p.m. - 4:30 p.m. - STEAM Club

6:00 p.m. – 7:30 p.m. Parent Teacher Team Meetings

Friday, October 26, 2018

Red Ribbon - Wear your SCHOOL SHIRT to show how you are excited to be drug free

3:30 p.m. - 5:30 p.m. - Symphonic Band Rehearsal*

7:00 p.m. - 8:00 p.m. - Fall Orchestra Concert*

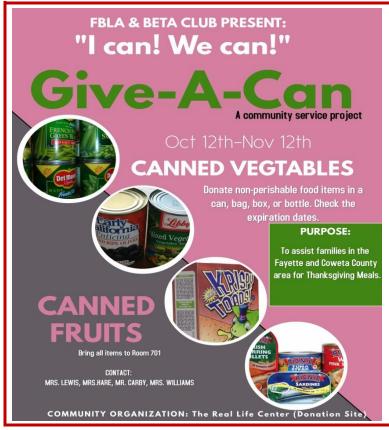
*Parents please keep in mind our 15 minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events **Attention: All Transportation changes must be made before 2:50 pm each day for adequate communication time. All lost and found items are cleared out and donated to charity the last school day of the month. Please be sure to check it regularly.** The above dates and more can be viewed on our school website at http://www.fcboe.org/frms. Be Informed and Stay Connected with Flat Rock Middle School



PLEASE JOIN US FOR OUR FIRST FRMS CHORUS CONCERT OF THE YEAR







The **Real Life Center** is a non-profit organization serving permanent resident families in Fayette and Coweta counties that are going through difficult times. They seek to provide a "hand up" rather than a "handout" and offer a one-year program designed to help families get back on their feet. They also encourage them to set goals that will help promote long-term change.

To assist families in the Fayette and Coweta County area for Thanksgiving, FRMS will be collecting non-perishables food items in a can, bag, box, or bottle. Please check expiration dates. Bring all items to room 701.

Together, we can make a difference! Neighbor Helping Neighbor.

In support of the FBLA and BETA Club Give-A-Can food drive, the Media Center will be accepting cans of food as payment for fines from now until November 12. Each can will be worth .50 and can only be used to pay off late fines not lost or damaged books.

Dear Parents.

Within the next few weeks your child will learn about the **Signs of Suicide** (**SOS**) during classroom guidance. The goal of the **SOS** program is to inform students ways to help someone who may be in need. Please use the following link to access the Parent Newsletter: https://tinyurl.com/yb6oterc Additionally, please read it over, and talk to your child regarding the information. If you have any additional questions and / or concerns regarding the **SOS** program, please feel free to contact your child's school counselor: Dionne Maddox maddox.dionne@mail.fcboe.org or Tama Trammell, Ed trammell.tama@mail.fcboe.org







Parents benefit from being involved in their children's education by getting ideas on how to help support their children, learning about the school's academic programs and how those programs work. The journey of school is not just for educators and students, it's about parents, too! The **Parent Power** segment is dedicated to sharing articles that support your child's success in school. **Here's a simple Love & Logic article about being a role model.**

Question: What is one of the primary ways that kids learn? **Answer:** Modeling (subconscious imitation of adult behaviors, beliefs, and attitudes).

Question: Who becomes a model for kids? Answer: A person they see as both strong and loving at the same time.

Question: Once a child accepts a person as a model, how does the child see his/her own position or role? **Answer:** As a child, student, and a follower who should listen to the adult.

Question: What happens to the adult's role if the child can hook him/her into debates or arguments about limits and boundaries? **Answer:** Their roles change to that of equals. It is no longer an adult/child relationship. It is now an adult/adult relationship.

Question: If that happens, what happens to the adult's role as a model? **Answer:** It loses effectiveness.

Question: Does the child now feel a strong need to listen to that adult? **Answer:** No

Question: If this is true, then why is it so important that we not engage in arguments with kids about the limits we set? **Answer:** If we do, we lose our status as models. Then we find ourselves demanding that sports heroes become the role models for our kids.

Question: Who should be the real role models for kids? **Answer:** Parents and teachers.

This is the reason that Love and Logic places such a strong emphasis upon the use of the Neutralizing Arguments technique for those times when kids try to hook you into arguments. Master the art of responding to arguments with, "Could be," and "What did I say?" Then smile and walk away

Leadership Word of the Month for *OCTOBER*: CARE To feel concern or interest; to attach importance to something



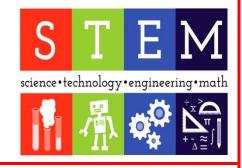
Leadership Trait of the Week October 15th – October 19th Sensitive Joyce Doyle Student of the Week

Sensitive – being aware of and positively responding to the feelings of others

Joyce Doyle is always kind and very helpful. When someone drops something, without asking, she immediately stops what she is doing to assist that person. It amazes teachers that she is just so kind without ever being prompted. When Joyce realizes that a classmate is confused or unsure how to work out a problem, she is always quick to help the student and does it in a manner that demonstrates compassion and understanding.

STEM NEWS

Please enjoy the sights and sounds of teachers and students in our **STEM** program. Click on this link to access our Quarterly Newsletter and be sure to follow us on Twitter: <u>@EagleSTEM</u> and subscribe to our YouTube Channel.





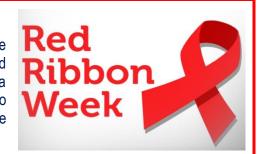
RELAY FOR LIFE

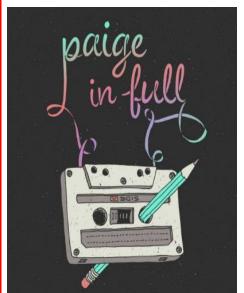
Next week, beginning on Monday, the *FLAT ROCK Fighters* (FRMS Relay for Life team) will

sell paper hearts to students and staff to honor their family and friends who have cancer, have survived cancer, or lost the battle with cancer. The hearts will cost \$.50 cents each and will be available in multiple colors which correspond to the various forms of cancer. Students may purchase as many hearts as they wish. All hearts will be included in a display in the front hallway for all to see. Please consider supporting this worthy cause

FRMS will celebrate Red Ribbon Week October 22-26th.

Red Ribbon Week is the oldest and largest drug prevention campaign in the country. Red Ribbon Week serves as a vehicle for communities and individuals to take a stand for the hopes and dreams of our children through a commitment to drug prevention and education and a personal commitment to live drug-free lives with the ultimate goal being the creation of drug-free America.





On Thursday, Oct. 25, all FRMS grade levels will attend a live performance, *Paige in Full*, at the SCHS auditorium "The Alliance's fall production for middle school audiences, Paige in Full blends poetry, dance, media and music that tell the tale of a multicultural girl's journey through hip-hop to self-discovery. Since its premiere in May 2010, Paige Hernandez's "visual mix-tape" has sold out performances throughout the country and garnered praise from critics and audiences alike for its energy, intelligence, and originality. Examining ideas on how ethnicity and pop-culture shape our identity, Paige In Full tells a personal, yet universal story for all audiences".

Below are the starting times for each grade level:

6th grade - 1st show at 8:25 7th grade - 2nd show at 10:25 8th grade - 3rd show at 1:55

THE EAGLES BROUGHT THE TITLE BACK HOME



The Flat Rock Eagles were victorious over the Whitewater Wildcats in the Fayette County Middle School championship game at Sandy Creek High School. The game was a hard fought defensive battle with only a few key offensive plays separating these teams. The Eagles scored first but failed to convert the extra point making the score six to nothing. The Wildcats scored in the third quarter and kicked a two point extra point for a score of 6 - 8. Late in the game Flat Rock scored again to bring the score 12 - 8.







