



FLAT ROCK "EAGLES" ~ WEEK AT A GLANCE

Monday, October 29, 2018

7:30 a.m. – 8:00 a.m. - Math Club

3:15 p.m. – 5:00 p.m. – Step Team Practice*

Tuesday, October 30, 2018

3:15 p.m. – 5:00 p.m. – Step Team Practice

3:30 p.m. – 4:30 p.m. – STEAM Club

Wednesday, October 31, 2018

9:15 a.m. – 1:30 p.m. – Field Trip: Art / Photo Club @ ATL Botanical Gardens

Thursday, November 1, 2018

Orchestra / Chorus Pictures

8:00 a.m. – 9:00 a.m. – ESOL Parent Breakfast @ room 602

2:15 p.m. – 8:00 p.m. – Academic Bowl Team: Whitewater MS

3:15 p.m. – 5:00 p.m. – Step Team Practice

3:30 p.m. – 4:30 p.m. – STEAM Club

7:00 p.m. – 8:00 p.m. – Fall Band Concert @ SCHS Patriot Hall

Friday, November 2, 2018

Band Pictures

3:30 p.m. - 5:30 p.m. – Symphonic Band Rehearsal*

7:00 p.m. – 8:00 p.m. – 8th Grade Band Night @ SCHS

Saturday, November 3, 2018

6:00 a.m. – 10:00 a.m. – Belk Fall Charity Day (Buy your \$5 ticket from FRMS)

7:00 p.m. – Cheerleaders performing at Hawks Game @State Farm Arena

Sunday, November 4, 2018



*Parents please keep in mind our 15 minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events **Attention: All Transportation changes must be made before 2:00 pm and early dismissals must be made before 2:50 pm each day for adequate communication time. All lost and found items are cleared out and donated to charity the last school day of the month. Please be sure to check it regularly.** The above dates and more can be viewed on our school website at <http://www.fcboe.org/frms>. Be Informed and Stay Connected with Flat Rock Middle School

National Principals Month

Thank you for all that you do for our students

October is designated as National Principals Month to recognize and honor principals for their tireless efforts in the pursuit of excellence in education. We at Flat Rock are very fortunate to have Mrs. Jade Bolton as our leader. Her dedication and her leadership is what makes Flat Rock the best place to work. It is GREAT to be an eagle!!



Dear Flat Rock Family,

Preparations are underway for our annual Veteran's Day ceremony. This year it will take place on November 9 in the *Flat Rock Middle School* gym. In an effort to recognize all the veterans associated with the students, families and staff, we are collectiong photos and information so that we might create a multimedia presentation. Please include the student or staff name, the veteran's name, the relation between the two, branch of service, rank (optional), dates of service, conflicts and/or locations and any additional information you would like to include (commendations, merits, awards, etc.) You may choose to send your photos and information via email to buck.ray@mail.fcboe.org or you may may drop it off in the front office. Photos will be returned home via your student as quickly as possible. Thank you in advance for helping us honor our veterans.



CHARITY SALE EVENT

Attention Flat Rock Families, Friends and Staff, We are participating in the Belk Charity Sale to raise funds for our school. What Is the Belk Charity Day Sale? The Belk Charity Day Sale is a private, four-hour sale dedicated to supporting local non-profit organizations.

- This is a private sale and you can purchase Belk Charity Day ticket from us to participate.
 - **What:** Fall 2018 Belk Charity Day Sale
 - **When:** Saturday, November 3, 2018 from 6:00 a.m. to 10:00 a.m.
 - **Where:** Belk Department Store at the Pavilion
 - **Price:** \$5.00 - purchase from FRMS front office
- FRMS will have the opportunity to raise money while private sale customers receive 15% - 70% off Belk purchases storewide, including special savings on rarely-discounted brands. A Charity Day sale ticket can be redeemed for \$5 off a single purchase during the Charity Day sale hours and pre-sale. Buy your ticket today!!

Our awesome teachers at the Rock Eagle Math Conference



The 59th annual Georgia Mathematics Conference
October 17-19, 2018



FAYETTE COUNTY PUBLIC SCHOOLS proudly presents FLAT ROCK M.S. BANDS FALL CONCERT

Matthew Price, Conductor

NOVEMBER 1, 2018
7:00 PM

SANDY CREEK HIGH SCHOOL
PATRIOT HALL

Admission is free. Please stop by! Your
attendance will help make this a
memorable night for our students.

The students at FRMS Band would like to invite you all out to Sandy Creek's Patriot Hall next Thursday at 7:00 pm for our annual fall concert. We will be showcasing the many talents of our 7th/8th grade Intermediate and Advanced Bands. Both groups are sounding great, and we are hoping to have a large and supportive audience to witness what is going to be an amazing evening of performances.



The Flat Rock Middle School Cheerleaders will be performing at the Hawks game (pregame show) on Saturday, Nov. 3rd (vs Miami Heat) at approximately 7:00 pm. Please come out and support the cheerleaders as well as enjoy the game.



SCOLIOSIS SCREENING FOR 6TH AND 8TH GRADES IS NOVEMBER 7, 2018

An IC blast was sent on October 17 about the screening. If you DO NOT want your child to be screened please print and complete the form and have your child return it to the clinic.



We would like to thank everyone for your support in helping out with Flat Rock Cheer Fundraiser last Saturday. We had a successful fundraiser in which we sold 300+ tickets plus donations. We were able to raised \$2,400!! Thank you again everyone!



Thanks for reading! Our goal is to help as many families as possible. Dr. Charles Fay

Does it ever seem like we live in a world of extremes? Sometimes educators comment, “The parents of some of our students spend absolutely no time involved in their children’s educations. The end result is predictable: Their kids rarely achieve up to their potential.” Other times teachers say, “Some of our parents are so overinvolved in their children’s homework, school assignments, and grades that their kids can’t seem to function without someone doing most of the work for them.” Considering these extremes, perhaps it makes sense to compare and contrast healthy versus unhealthy parental involvement, understanding that the healthy variety is essential for high achievement.

Healthy parental involvement means being aware of your kids’ assignments, asking questions about these assignments, and offering assistance if they ask. It means giving ideas and allowing them to do the lion’s share of the work.

Unhealthy parental involvement means constantly reminding and rescuing, essentially taking more responsibility for their work than they do.

Healthy parental involvement means consistently allowing your kids to evaluate how they feel about their performance. This might sound like, “You have a sixty-nine in music so far. How do you feel about that?” or asking, “You earned a ninety-eight on that test. How does that leave you feeling?” Kids allowed to own the good and not-so-good feelings associated with their performance are more likely to understand and care about the connection between their personal effort and outcomes.

Unhealthy parental involvement means making it all about our feelings. This might go like, “That sixty-nine in music is just not acceptable. You need to bring that grade up” or it may sound like, “You earned a ninety-eight on that test. That makes me so happy. That’s great.” When we make their grades about our feelings, we run the risk of stealing opportunities for them to think about how these grades personally affect *them*.

Healthy parental involvement means putting most of our energy into providing a healthy home where kids are loved, respected, and expected to complete chores. It’s about creating a place where they get to experience an authentic relationship between cause and effect. In other words, they experience the gift of loving discipline.

Unhealthy parental involvement means spending so much time criticizing the school and rescuing our kids from their teachers that we have little time or energy left over to create a rock solid home environment.

Healthy parental involvement means allowing our kids to hear us talking with excitement about our own learning. It also means letting them hear us saying positive things about their teachers and their school.

Unhealthy parental involvement involves providing plenty of lectures about how important education is while allowing our kids to hear us gripe and complain about our own learning responsibilities and how subpar the school and teachers are. Overall, healthy parental involvement means being good models. It means allowing kids to make mistakes. It means providing plenty of empathy. It definitely means remembering that raising kids who can think and learn for themselves is not for the faint of heart.



Leadership Word of the Month for **OCTOBER: CARE**
To feel concern or interest; to attach importance to something

Leadership Trait of the week: **October 15th – October 19**
Generous – being aware of and positively responding to the feelings of others

Kenneth Thomas
Student of the Week

Our student of the week for Team 8B is Kenneth Thomas. Kenneth is generous in a variety of ways. He is generous with his smile and his pleasant, respectful attitude. He is generous to his classmates by being kind to them. He demonstrates a good work ethic and is an all-around great guy. His teachers admire his generous spirit. Kenneth is a pleasure to teach and an asset to our team.

Thank You PTO for the



A/B Ice Cream Celebration



Thank you to all who came out to our Chick-fil-A Spirit Night fund raiser.

Our next Spirit Night will be on March 12, 2019.