

# November



## Flat Rock “Eagles” ~ Week at a Glance

### **Monday, November 18, 2019**

- 7:30am – Math Team meeting w/ Ms. Williams room 804
- \*3:10 – 4:30pm – Girls who code w/ Ms. Hare room 701
- \*3:10 – 4:30pm – Academic team practice w/ Ms. Reed room 704
- \*3:15 p.m. – 4:30 p.m. – STEAM Club
- \*3:25 p.m. – 4:30 p.m. – Intramurals ASP – Boys

### **Tuesday, November 19, 2019**

- \*3:10 – 4:30pm – Art Club
- \*5pm – Griffin Resa Academic Bowl @ FRMS

### **Wednesday, November 20, 2019**

### **Thursday, November 21, 2019**

- Promise Place Assembly (during connection periods)
- \*5pm – 7pm – FRMS 8th B&G Basketball: WMS vs FRMS @ FRMS

### **Friday, November 22, 2019**

- FUN FRIDAY!
- \*3:30pm – 5pm – Symphonic Band Rehearsal



\*Parents please keep in mind our 15-minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events.

The above dates and more can be viewed on our school website at <http://www.fcboe.org/frms>.

**Get Connected and Stay Plugged In with Flat Rock Middle School**



@frmseagles (<https://twitter.com/frmseagles>)



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Thank you to those all who attended our Veterans Day Assembly.

A special thank you to Representative Derrick Jackson for sharing the message of S.E.R.V.I.C.E. with our school.

For videos of our student's performance please visit our social media pages.

The PTO is seeking volunteers for November 22nd's Duty Free Lunch. Duty Free lunches are an easy way to volunteer at our school. Once a month with enough parent volunteers (4), teachers do not have to supervise our children during lunch. As a duty free lunch volunteer all you have to do is walk around the cafeteria and keep an eye on the students. Please sign up!

<https://www.signupgenius.com/PTO>

**WE**   
**VOLUNTEERS**



The FRMS Media Center will be hosting a **Holiday Book Fair** from December 9-13. Parent volunteers are desperately needed to help during the book fair. If you have time and would like to help, please sign up at the following link: <https://www.signupgenius.com/FRMSHolidayBookFair>



Sandy Creek Competition Cheer 2020

Informational Meeting

Date: Wednesday, November 20th, 2019

Location: Sandy Creek High School Media Center

Time: 6:00pm

Come learn about our upcoming season and meet the coaches.

For information Coach Holt

[Holt.Shannon@mail.fcboe.org](mailto:Holt.Shannon@mail.fcboe.org)



When harassment and intimidation take place online, it's called cyberbullying. This kind of bullying can be especially hard to deal with, since it can be difficult to control and visible to a large number of people. Chances are your child spends a lot of time online, so it's important to make sure you know what to do if online behavior gets nasty. Learn what cyberbullying is, how it impacts our students, and get some tips on how you and your child can deal with it.

<https://www.greatschools.org/cyberbullying>

## Leadership Word of the month for November

### ~Responsibility~

*Taking care of one's self and others; to carry out a duty or task carefully and thoroughly.*

**Leadership Trait of the Week  
November 11<sup>th</sup> – November 15<sup>th</sup>**

**“Accountable”**

**Joshua T. Martinez**

**“Student of the Week”**

able to justify your actions or decisions; completely responsible for what happens.



The Flat Rock Counselors have noticed that this student holds himself accountable despite adversity. This young man continues to work towards completing his assignments in a timely manner and coming to school almost every day in the midst of challenges. Therefore, we would like to recognize Joshua “Tido” Martinez for being accountable. We are so proud of you! Keep up the good work!

## ***New to the Eagle's Nest***



Hello Fellow Eagles! My name is Teliza Walters and I am a new Special Education Paraprofessional here at Flat Rock. I just wanted to say that I am so thankful to be a part of this incredible team. A little about me I am still new (not brand new) but new enough to the Fayette county area. I've lived in Georgia for 7 years now because my husband was stationed at Hunter AAF/ Ft. Stewart, GA (Savannah, Ga region) and because we liked Georgia so much my husband retired from the Army in 2015. My family moved here to Fayetteville from Richmond Hill, Ga because of my husband's current job. I was a Special Education Paraprofessional at an Elementary School in Richmond Hill for 3 ½ years. I have also been a Special Education Paraprofessional in Early Childhood Education at a school in Junction City, Ks for 2 1/2 years. I love working with kids. When I'm not working, I enjoy spending time with my two daughters who are 10 and 17 years, and my husband of 19years. I just want to thank you all again for welcoming me to Flat Rock!

**Is your child's Chromebook case broken? Is it missing? We have a solution! You can purchase a new Chromebook case for \$10. For more information, please contact the front office.**



**Chromebooks  
in Education**