



Flat Rock “Eagles” ~ Week at a Glance

Saturday, November 2, 2019

Fayette GaSTC – Rising Starr Middle School

Sunday, November 3, 2019

Daylight Savings Time ENDS (Turn clocks back an hour)

Monday, November 4, 2019

7:30am – Math Team meeting w/ Ms. Williams room 804

1:00pm – 4:00pm – Annual Fayette County Math Invitational @ FRMS

*3:10 – 4:30pm – Academic team practice w/ Ms. Reed room 704

*3:10 – 4:30pm – Girls who code w/ Ms. Hare room 701

*3:15 p.m. – 4:30 p.m. – STEAM Club

*7p.m – Fall Concert (7th & 8th grade Band students - Formal Uniforms)



Tuesday, November 5, 2019

*3:10 – 4:30pm – Art Club

*5pm – 7pm – FRMS 8th B&G. Basketball: FRMS vs WMS@ WMS

Wednesday, November 6, 2019

Thursday, November 7, 2019

Career Fair – 8th Grade @ Fayette County LEC

FRMS 8th B&G Basketball: BMMS vs FRMS @ FRMS

Friday, November 8, 2019

Club FRIDAY!

8A Trip – Native American Pow Wow

*3:30pm – 5pm – Symphonic Band Rehearsal

*Parents please keep in mind our 15-minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events.

The above dates and more can be viewed on our school website at <http://www.fcboe.org/frms>.

Get Connected and Stay Plugged In with Flat Rock Middle School



@frmseagles (<https://twitter.com/frmseagles>)



@frmseagles (<https://www.facebook.com/frmseagles/>)

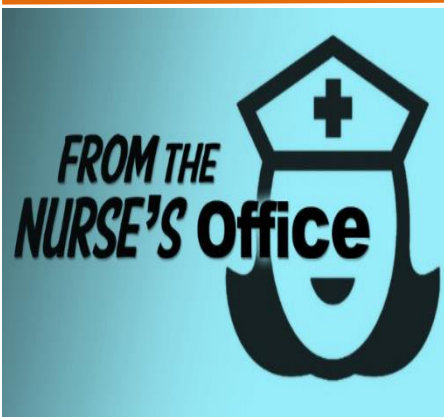


@frmseagles (<https://www.instagram.com/frmseagles/>)



Red Ribbon Week @ FRMS

October 28th – November 1st
Your future is key so stay drug free



Scoliosis Screening for 6th & 8th Grades is Wednesday, November 13th

Scoliosis Screening letters were sent home. Sign and return the letter by November 12th ONLY if you DO NOT want your child screened. Girls should wear a bra or bathing suit top so the back can be viewed.

Diabetes Blue Out November 14, 2019

November is Diabetes Awareness Month. November 14th is World Diabetes Day. On November 14th, we will ask all students and staff to wear blue (the color of diabetes) and to bring in a donation to benefit the American Diabetes Association (ADA). All donations will be collected by homeroom teachers and turned in to the front office.

New to the Eagle's Nest



Hello Flat Rock! I am Kim Haywood from North Carolina. I taught in Mt. Gilead, North Carolina for fifteen years. I am excited to be a part of the Flat Rock team as a 7th grade Language Arts teacher. Thank you for making me feel welcomed and supported. I have two children who are both at the University of North Carolina in Wilmington. They are computer science gurus. Go Seahawks!!! I enjoy solving problems and thinking outside the box to find solutions. I honestly love to talk about education and am passionate about what I do. My dream is to take every Viking European Cruise available and see the world. I love great food and enjoy all cuisines. Thank you again for the warm welcome and support. I look forward to partnering with you on the next leg of my educational journey.

Our next PTO meeting is November 13, 2019 @5:30pm.

Parents...Your PTO Needs You!

We have several exciting things planned for this year but we need help. The following board positions are available:

Ice Cream Social Coordinator & Spirit Wear Coordinator

We are also looking for someone to lead the planning for the school dance, which is scheduled for February 2020.

If you have an interest in any of these roles or would just like more information about our PTO, please reach out to Shae Brown, PTO President at sybrown7@gmail.com



Sunday, November 10th

**Set your clocks back one hour
Enjoy an extra hour of sleep**

Leadership Word of the month for November

~Responsibility~

Taking care of one's self and others; to carry out a duty or task carefully and thoroughly.

Leadership Trait of the Week

October 28th – November 1st

“Self-Control”

Jya Lee

“Student of the Week”

The ability to control one's emotions and behavior, especially in difficult situations



Jya is a focused and persistent manager of ideas and plans in the midst of distraction and diversion from situation and circumstances. Her ability to discern need and act on it is timely and persuasive amongst her peers and teachers. Congratulations Jya!



On Saturday, October 26, 2019, two teams of students from Flat Rock Middle School traveled to Augusta, Georgia and competed in the Augusta University STEAMIFY Competition. The result was impactful on many levels. In particular, students were interviewed by the university communications department studio to document the impact of STEAMIFY. Student responses included takeaways like: "This competition helped me to know what to do, when to do it, and how to do it." "I know more people now and communication is key." "Failures are not bad but are mini successes."

The aeronautical engineering team won third place, and the dance team won first place!!! We are very proud of both teams.

The aeronautical engineering team consisted of 8th grade students: Sam Evans, Robert Valet, and Shyheim Brown

The dance team consisted of 7th grade students: Zariya Johnson, Logan Hazlett, Adrianna Monterrosa, and Mariama Bah. A special thanks to Aria Brooks for contributing to the choreography of the dance.

For Steam news please click: <https://sites.google.com/mail.fcboe.org/eaglestem/steam-in-action>

Signing Day for Fayette's First REACH Georgia Scholars

Fayette County Public Schools held its first REACH Georgia Scholarship signing ceremony at the board of education to officially induct the school system's inaugural scholarship participants.

America Espinosa is one of eight students to sign a letter of commitment.

The REACH Scholarship is a state public-private needs-based scholarship opportunity designed to encourage students, beginning in middle school, to continue their education pursuits beyond high school.

For more information, please visit: <http://reachga.org/>



CONGRATULATIONS!!!

Golden Eagle (Devotion) – Tyler Syntara



Eagle Star Award – Teliza Walters



Flat Rock Middle School 2019 Teacher of the Year



2019-2020 Teacher of the Year: Mrs. Christina Rufenacht



Runners Up: Nateil Carby & Austin Saxon

I am privileged and honored to be Flat Rock's teacher of the year. Teaching English as a Second Language and seeing my students reach new heights is my passion and joy. To our parents, thanks for entrusting us with your children each day. To my colleagues, you are trailblazers with my utmost respect. To my students, I believe that you can and will create bright futures. — Christina Rufenacht

"The way get started is to quit talking and begin doing" - Walt Disney