

## Flat Rock "Eagles" ~ Week at a Glance

Monday, January 27, 2019 7:30 am - SCHOOL COUNCIL MEETING

8:45 am - Geography Bee @ FRMS Cafeteria Team 7A Jekyll Camp Trip (Overnight; Monday-Wednesday) \*3:10 – 4:30 – Girls who code w/ Ms. Hare room 701 \*3:15 – 4:30 – STEAM Club \*3:25 – 4:30 – Intramural ASP - Boys

**Tuesday, January 28, 2019** \*3:10 – 4:30pm – Art Club \*3:30 – 4:15 – Science Olympiad Practice \*5:00 – FRMS 7th B&G Basketball: FRMS vs WMS @ WMS

Wednesday, January 29, 2019 Chorus Trip – Clayton State University (Spivey Hall)

**Thursday, January 30, 2019** \*3:30 – 4:15 – Science Olympiad Practice \*5:00 – FRMS 7th B&G Basketball: BMS vs FRMS @ FRMS

Friday, January 31, 2019 FUN FRIDAY! Annual Math Competition for Fayette County District Honor Band @ FRMS \*3:30 – 5:00 – Symphonic Band Rehearsal Fayette Orchestra All-County Weekend

\*Parents please keep in mind our 15-minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events.

The above dates and more can be viewed on our school website at <u>http://www.fcboe.org/frms</u>.

Get Connected and Stay Plugged In with Flat Rock Middle School

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The PTO is seeking volunteers for January 31<sup>st</sup> Duty-Free Lunch. Duty Free lunches are an easy way to volunteer at our school. Once a month with enough parent volunteers (4), teachers do not have to supervise our children during lunch. As a duty-free lunch volunteer, all you have to do is walk around the cafeteria and keep an eye on the students. Please sign up! <u>https://www.signupgenius.com/FRMSJanuaryDutyFreeLunch</u>

Applications are being accepted for the Jr BETA Club at Flat Rock.

If you are interested, you may go the FRMS website and get an application form or stop by room 709 (Mrs. Evans) or 804 (Mrs. M. Williams.

All applications are due by January 31st.



Congratulations to our 7th Grade Girls and Boys basketball teams. Both teams won the first games of the season vs Booth Middle School, this past Tuesday night. We are very proud of our athletes and are looking forward to a great season.

Upcoming games begin @ 5pm: Tuesday, January 28th FRMS 7th B&G Basketball: FRMS vs WMS @ WMS Thursday, January 30th FRMS 7th B&G Basketball: BMS vs FRMS @ FRMS

Do you question whether your child is glued to a screen for too long? Is my child's screen use "normal" for kids their age? Or has our whole country gone insane, raising a generation of children who are dangerously addicted to any and every screen? Here is an article that may help ease your mind and provide better insight on how to manage screen time. <u>https://www.greatschools.org/IsMyChildAddictedToScreens</u>



In conjunction with Law Enforcement Appreciation Month, the Fayette County Board of Education recognized our SROs at the school board meeting this past Tuesday, January 21st. Investigator Justin Storm along with fellow Fayette County SROs were recognized with a certificate of appreciation and a gift donated by a local business. We thank Investigator Storm for his years of service and value his position here at Flat Rock.



Congratulations to our own Mrs. Christina Rufenacht, who is our Flat Rock Teacher of the Year, and now, as of this week, she is one of the top three finalists for the Fayette County Teacher of the Year! The winner will be named in April at the recognition ceremony. Congratulations again, Ms. Rufenacht! We are proud of you!

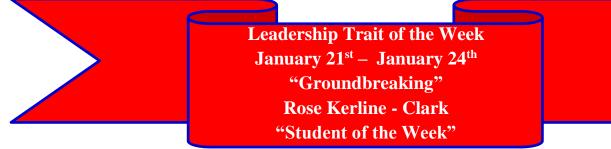


Noelle Boyd and our Symphonic Band did an outstanding job representing Flat Rock, this past Monday, at the MLK celebration program at Sams Auditorium.



## Leadership Word of the month for January <u>~Innovative~</u>

Introducing new ideas; original and creative in thinking.





Groundbreaking - originating or pioneering a new concept.

Rose is one who appreciates her own culture as well as the values and traditions of others. She consistently shows empathy, compassion and respect to students and to teachers. She approaches any form of uncertainty with forethought and determination and thinks through challenges in a critical way in order to grow personally and academically.