



## FLAT ROCK "EAGLES" ~ WEEK AT A GLANCE

Monday, May 20, 2019

**GMAS: ELA Retest – 8**

10:00 a.m. – 12:00 – German I Final

Tuesday, May 21, 2019

**GMAS: MATH Retest – 8**

Wednesday, May 22, 2019

9:00 a.m. – 11:00 a.m. – 7<sup>th</sup> Grade Honors Assembly

11:30 a.m. – 3:00 p.m. – 7<sup>th</sup> Grade Picnic

6:00 p.m. – Track Banquet @ Cafeteria



Thursday, May 23, 2019

**8<sup>th</sup> Grade Finals**

9:00 a.m. – 11:00 a.m. – 6<sup>th</sup> Grade Honors Assembly

11:30 a.m. – 3:00 p.m. – 6<sup>th</sup> Grade Picnic



Friday, May 24, 2019

**8<sup>th</sup> Grade Finals**

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***MAY 24, 2019  
LAST DAY OF SCHOOL***

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\*Parents please keep in mind our 15-minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events  
**Attention: All Transportation changes must be made before 2:00 pm and early dismissals must be made before 2:50 pm each day for adequate communication time. All lost and found items are cleared out and donated to charity the last school day of the month. Please be sure to check it regularly.** The above dates and more can be viewed on our school website at <http://www.fcboe.org/frms>. Be Informed and Stay Connected with Flat Rock Middle School.



<http://www.fcboe.org/frms>

**The Flat Rock Middle School track team does it again for the 2019 Fayette County Track and Field Championship at SCHS. The girls team** came up with the victory, by scoring 99 points. The boys dominated the competition by scoring 108 points for the win. The girls were led by Sprint MVP Bobbi Olive and combined team efforts led by Angel Johnson, Isis Grant, Maya Jones, Audrey Holmes, Sabrina Leslie, Mireya Shaw, Tracey Thomas, Zhara Gibson, Emani Turnipseed, and Kaitlin Hunter. The performances from Caitlyn Anderson and Janae Walker came up "Huge" in the Shot Put and discus to assist the girls with clinching the title.



**The boys team** was led by Field Event MVP Travius Franklin, Sprint MVP Giovannie Simmons and combined efforts from Jordan Alexander winning the High Jump, Amir Adams, Drake Craig, Denzel Trent, McKinley Jones, Antwan Ezimora, Carl Anderson, Billy Norris, Caleb Rowe, Tyler Mullner, Keyshon Kenney, and Gabe Simpson. The boys have won the Fayette County Championship for 3 consecutive years, and the girls have been victorious for 2 consecutive years. Congratulations to ALL of our Student Athletes and Coach Latimer, Coach Evans, and Coach Tyler!!



## Business and Computer Science

### Guest Speaker Series



**Students were able to gain exposure and professional expertise from various entrepreneurs, business owners, and technology directors within the Fayette County community and beyond in the Guest Speaker Series.** These aligned students with the standard of connecting, collaborating, and communicating with their community leaders. We had Jason Lopez who is one of the creators of an Animation Company here in Atlanta and has worked on very successful movies and television shows filmed here in the Metro Atlanta Area. We also had Michael Harbin from Harbin Insurance here in Tyrone come out and explain the importance and functions of insurance and sustainability. Our final guest speaker is the Director of Technology at Dogwood Church, Jonathan Bailey, who brought along his robot (to keep him company) and explained the instructional technology functions of how awesome the settings, staging, and viral broadcast of sermons are made at Dogwood Church. This was such a privilege and humble experience to have such amazing people come out and share their talents with the students in the Business & Computer Science class.



## Leadership Word of the Month for May

**ENDURANCE:** The ability to withstand something challenging or difficult.

## Leadership Trait of the week: May 20 – May 24

**Patience** - the capacity to accept or tolerate delay, trouble, or suffering without getting angry or upset.

### **Student of the Week**

This student exhibits patience on a daily basis! She tolerates delay when waiting to ask a question or seek assistance and does so with a smile! She takes the time to listen to others and is kind and helpful to her classmates. She responds to situations with a positive outlook and attitude without getting angry or upset. **Congratulations Kaylie Hatchel on being our 7th grade student of the week!**



*Insider's Club*



**Is Consequence a Dirty Word?** I (Charles) learned an important lesson about fast food, focus, and the finality of many decisions we make. Rushing to my car, I placed the takeout package on the roof, unlocked the car, and pulled into traffic. Perceiving the honking of other drivers as pure road rage, I proceeded upon my way. It was amazing how long that meal clung to the top of my car before it flew under the tires of the F-150 behind me. Our lives are full of decisions... and their consequences. They aren't punishments. Nobody took my lunch, attempting to make me pay for my lack of focus. It was just a simple result of my lapse.

A few years ago, a tragic event occurred near our homes in Colorado. Some teens thought it would be fun to race around our mountain roads, taking turns "surfing" on the roof of their car. Is it possible these kids didn't learn enough about the finality of consequences when they were younger? Some who see themselves as more enlightened in the arenas of caring and compassion experience semi-aneurisms when they hear someone say, "allow kids to experience the consequences of their actions." These are often people who care very much about kids who have experienced trauma and equate consequences with punishment. They also believe kids with trauma are capable... but not capable enough to learn from their actions. We're confused. Do we want kids who've been hurt to remain victims, or do we want to empower them toward victory and self-esteem?

We agree that punishment, sarcasm, guilt, anger, and other negative practices do not work. We disagree that consequences (or "results") aren't appropriate for kids who've had trauma. Their effectiveness just depends on how closely attached they feel toward the adult.

Positive relationships form the foundation of all effective discipline. The safety and security this provides allows all children to begin seeing the connections between their choices, actions, and resulting consequences. Kids who've experienced trauma need to experience the results of their actions... even when it doesn't appear they are making the connection. As they experience the calmness and trust of loving attachment relationships, this cause-and-effect learning will begin to happen.

When delivered with love and empathy, logical consequences help provide accountability. In many cases, an element of restitution can give a child the chance to feel like he or she "made it right." Loving accountability can help kids feel the following:

***I'm loved. I'm competent. I can solve problems.*** All kids thrive when they embrace these beliefs.