



Flat Rock “Eagles” ~ Week at a Glance

Monday, September 23, 2019

8:00am – 9:00am ESOL Parent Breakfast

7:30am – Math Team meeting w/ Ms. Williams room 804

*3:10 – 4:30pm – Academic team practice w/ Ms. Reed room 704

*3:10 – 4:30pm – Girls Who Code w/ Ms. Hare room 701

Tuesday, September 24, 2019

Band - Fayette County Marching Exhibition @ SCHS

*3:10 – 4:30pm – Art Club

*5pm – 7pm – 7th & 8th Grade Volleyball: WMS @ FRMS

Wednesday, September 25, 2019

Day of Awesomeness

Fall Picture Day - Make-up

Thursday, September 26, 2019

*3:15 – 4:15pm – Step Team Tryouts

*5pm – 7pm – 7th & 8th Grade Volleyball: FRMS @ BMMS

Friday, September 27, 2019

FUN FRIDAY!

*3:30 – 5pm – Symphonic Band Rehearsal

Saturday, September 28, 2019

8am – Cheer Competition @ Starr's Mill High School



*Parents please keep in mind our 15-minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events

The above dates and more can be viewed on our school website at <http://www.fcboe.org/frms>.

Get Connected and Stay Plugged In with Flat Rock Middle School



@frmseagles (<https://twitter.com/frmseagles>)



@frmseagles (<https://www.facebook.com/frmseagles/>)



@frmseagles (<https://www.instagram.com/frmseagles/>)

New to the Eagle's Nest



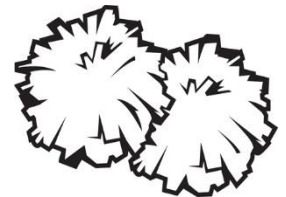
Hello Flat Rock! My name is Mr. Vic Long and I am the new Science teacher for Team 6C. I have always enjoyed teaching kids. I have consistently taught Bible classes since my early 20s and volunteer as a camp counselor every year. I will have been married 20 years this November to an educator of 15 years so I knew what I was getting into. I am also the proud parent of 3 boys, 12, 9, and 4. I knew I had truly found my passion after my first day in the school. I still have so much to learn so please feel free to share any little nuggets with me. If you ever have any questions or concerns please contact me via email Long.Vic@mail.fcboe.org

Greetings Flat Rock Families! My name is Jessica Williams and I am the new 8th Grade STEAM Humanities teacher. I love being an educator and entrepreneur! I love traveling, biking, and spending time with my family. This is my 7th year teaching, and I bring a wealth of experience and accolades to the Flat Rock Family. I have had the privilege of already getting to know many of our FRMS families and I hope to continue to provide all the support I can to our FRMS faculty and families. If you have any concerns or questions, please send an email to Williams.Jessica@mail.fcboe.org. GO EAGLES!!!



Cheer Competition

Please come out and support your
Flat Rock Middle School Cheerleaders
Saturday, September 28th 8:30am at Starr's Mill High School
193 Panther Path, Fayetteville, GA 30215
Entry: \$7.00



Please support the Flat Rock Middle Cheerleaders selling Applebee's Flapjack Breakfast Fundraiser Tickets

Tickets are \$7.00 each it includes 3 pancakes, 2 sausage links, and a beverage (juice, coffee, soda, or milk)
Tickets will be sold by cheerleaders from Sept. 12th - Sept. 30th
When: Saturday, October 5th 8am-10am.
Location: 792 Glynn St. N Fayetteville, GA 30214



The FRMS Media Center is looking for volunteers who would like to help in the Media Center with shelving books on a regular basis (weekly, biweekly, monthly). Please contact Cassie Upshaw at upshaw.cassie@mail.fcboe.org if you are interested.

Leadership Word of the month for September

~Honesty~

Showing a good and truthful character; able to be trusted.



Telling or expressing the truth.



Christlyn Andrews goes above and beyond every day to be a truthful and uplifting member of the band. She always strives to do her best, and she lifts others up in a helpful and honest way. She also isn't afraid to ask for extra help when she needs it which takes a great deal of honesty, humility and being truthful to be able to do. Congratulations Christlyn.



Thunder Over Georgia 2019 Airshow will take place September 28-29 at Robbins Air Force Base. Admission is free, and so is parking in designated areas. This is an opportunity for students to see real-world applications of Science, Technology, Engineering, Art, and Mathematics (STEAM) and future career possibilities. Go to <https://www.robins.af.mil/AirShow/> for more information.



YOU'RE INVITED TO
FLAT ROCK MIDDLE SCHOOL'S

LEARNING THROUGH LITERACY READING & MATH PARENT WORKSHOP

Saturday, September 28th from 9-11am
Resource Hub, Room 602

FOR INFORMATION ON ASSISTING YOUR CHILD WITH:
READING STRATEGIES
IMPROVING FLUENCY & COMPREHENSION
MATH PROBLEM SOLVING AND REASONING
ANALYZING INFORMATION

