

FRMS



**KEEP
CALM
BECAUSE
MIDDLE SCHOOL
ROCKS**



FLAT ROCK “EAGLES” ~ WEEK AT A GLANCE

Monday, August 20, 2018

Band Uniform Fitting: During Class – Parent volunteers are needed. Please sign up on Charms.

Tuesday, August 21, 2018

9:30 a.m. – 10:45 a.m. – PTO Fundraiser Kick-off Assembly, “Step It Up”

Wednesday, August 22, 2018

Thursday, August 23, 2018

5:00 p.m. – 7:30 p.m. – FRMS Football Scrimmage vs. BMS @ SCHS

Friday, August 24, 2018

*3:30 p.m. - 5:30 p.m. – Symphonic Band Rehearsal

6:30 p.m. – 7:30 p.m. – Band: 6th Grade Instrument Rental Night

*Parents please keep in mind our 15 minute rule that all students must be picked up within 15 minutes after athletic events, after school practices, rehearsals and other activities, or your child may be prohibited from participating in future events

Attention: All Transportation changes must be made before 2:00 pm and early dismissals must be made before 2:50 pm each day for adequate communication time.

The above dates and more can be viewed on our school website at <http://www.fcboe.org/frms>.

Be Informed and Stay Connected with Flat Rock Middle School



<http://www.fcboe.org/frms>



PRINCIPAL'S CORNER



DRESS CODE REMINDER

Students are expected to dress and be groomed in such a way as to reflect neatness, modesty, cleanliness, and respect for our school. Students must ensure that their dress does not distract or cause disruption in the educational program or orderly operation of the school. School administrators are responsible for determining dress code violations. The principal may interpret or add to these provisions as he/she deem to be in the best interest of the school, students or the educational process. The complete dress code rules may be viewed in the Student Handbook [here](#) .

It is particularly important to review the following dress code items due to recent and repeated school violations, particularly with leggings and stressed jeans:

Pants, shorts, slacks, shirts, dresses and skirts will be of appropriate size and fit. Holes and stressed areas must be below the fingertips or mid-thigh. Pants and shorts must always be on the waist. The hem of skirts, dresses or shorts must be at or below the fingertips or mid-thigh.

Clothing that is extreme form fitting (leggings, yoga pants, jeggings, compression shirts, etc.) must be worn with an outer garment of appropriate length. See pictures below for guide.



Chromebook Insurance Information

Deadline to purchase Chromebook insurance is 9/3/18.
To purchase coverage please go to the website below or call.

<https://gpo.worthavegroup.com/gpo/fcboe/>

800.620.2885



**Chromebooks
in Education**



Thanks for reading! Our goal is to help as many families as possible. Dr. Charles Fay

What's your answer to the following question?

Has my parenting caught up with technology, or am I stuck in the "Middle Ages" when people used phones hooked to cords and web addresses were inhabited by arachnids? While the basics of parenting remain the same, issues involving technology have left many parents wondering what limits are appropriate, how to hold their children accountable for misuse of technology, and how to help kids learn the decision-making skills required to make healthy technology choices when they leave home.

There's good news! While these modern issues are definitely challenging, we can achieve success by applying some age-old parenting truths:

- Kids need limits.
- Limits are best set through actions instead of hollow threats.
- When kids make poor decisions, they need to experience natural or logical consequences.
- Consequences are always more effective when provided with loving empathy.
- Our kids will learn how to live their lives by watching us.

Listed below are a few examples of essential limits:

- You may have your tablet as long as there is no arguing when I ask you to shut it off.
- Feel free to have a cell phone when you can pay for the entire cost.

- We allow kids to have their internet-connectable devices as long as they check them in with us each night. We'll return them in the morning as long as there are no problems.
- I've met plenty of good people who've ended up doing bad things on the internet. That's why your mom has all of my passwords and is free to see my history. You may have this device as long as you do the same. Everyone needs someone to hold them accountable.

I'm shutting my phone off so that I can give you 100% of my attention. Thanks for doing the same.



What is PBIS? (Positive Behavior Intervention and Support)

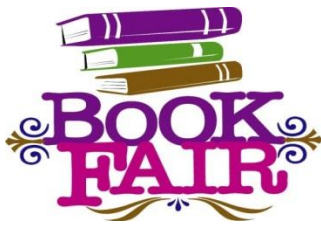
School-wide PBIS is a proactive systematic approach that has been found to support a positive school climate. At Flat Rock, we strive to Be Responsible, Be Respectful, and Be Safe.

Flat Rock is using **PBIS Rewards** to support our PBIS program. PBIS Rewards is a technology-based Management System that helps us with our behavior incentive program. You can learn about PBIS Rewards at their website (www.pbisrewards.com).



Our students can earn rewards throughout the day by meeting behavior expectations. These rewards are in the form of electronic points. They can redeem these points for privileges, tangible items, access to events, and other similar things. Our expectation is that we will see overall sustained improvement in our climate throughout the school and that the number of behavior referrals will decrease as a result of this implementation.

The faculty and staff are eager and ready to acknowledge students for the many positive actions and choices that they make every day. We encourage you to talk with your student about what they must do to be successful with PBIS Rewards and to encourage them when you see them being successful.



Parent Volunteers Needed! The start of a new school year also means the first book fair of the year will be here soon. **The FRMS book fair will be here August 27 - 31.** We need volunteers to help with running the cash registers and assisting students. If you would like to help with our Fall Book Fair, please sign up using the link below or you can sign up on our website under Eagle News.

We hope to see you at the book fair!

<https://www.signupgenius.com/go/70A0849AAAC2CA46-frms7>



Congratulations to our FRMS Students who presented cancer research projects this summer at the culmination of their 2 week camp at Emory.

Out of 65+ students who applied, only 15 got in and 4 were from our school.

They represented us fabulously!!

Leadership Word of the Month for *August*

Respect: To have consideration kind and thoughtful regard for others.

Treating others the way you would want to be treated.

Leadership Trait of the Week

August 13th – August 17th

CONSIDERATION

Alanah Francois

Student of the Week



Team 6A's student of the week is someone who has, from day one, shown an interest in making sure the people around her are prepared to succeed. She has been willing to review directions, facilitate discussions with multiple points of view, and share supplies with students in need. Her display of maturity and careful consideration of others has truly set her apart in these early school days. For this reason, team 6A's representative for showing Consideration is Alanah Francois!