



## WHS COUNSELING DEPARTMENT NEWSLETTER

### IMPORTANT NEWS AND REMINDERS

- ➔ **Sophomores:** Your school counselor will be meeting with you to discuss your career goals and what you can do in high school to support these goals. This would include identifying classes to take; clubs/organizations to participate in; and programs to participate in (Advanced Placement, Dual Enrollment, Work Based Learning).
- ➔ **9th-12th: Strategies and habits that lead to academic success:**
  1. Set aside focused time to work on homework assignments. This means away from your phone and other distractions.
  2. Ask your teacher about help sessions before school and attend them.
  3. Hand write notes and complete reading assignments.
  4. Work with peers to study for tests/quizzes.
  5. Sleep and eat a healthy diet. Your brain needs both in order to function optimally.
- ➔ **Virtual College Probe Fair:** over 160 colleges/universities will be in attendance. Students will hear directly from admissions representatives and learn about the college/university. Event is free to attend. Event will take place November 2, 4-5, 5pm-7:45pm. Register [here](#).
- ➔ **9th-11th grade students:** your school counselor will be meeting with you individually to discuss course registration for the 21-22 school year starting in February. Begin thinking about electives you would like to take next year. Find out information about Career/Tech electives [here](#).
- ➔ **Small Group Counseling:** WHS offers a small group counseling in 3 areas: grief/loss, mental health and coping skills, and academic success. Please see or email Ms. Hubbard for a permission slip.

### CALENDAR & HELPFUL LINKS

#### CALENDAR:

- ◇ **November 3rd:** Digital learning day for students (learning from home); staff professional development day. Students will not come to school on November 3rd.
- ◇ **November 25th-27th:** Thanksgiving break - no school.

[READ MORE ON OUR WEBSITE](#)

**HELPFUL LINKS:**

- ◇ ACT/SAT test dates and registration: [www.act.org](http://www.act.org) & [www.sat.org](http://www.sat.org)
- ◇ 17 programs of study for which FREE tuition is available: <https://tcsq.edu/free-tuition/>
- ◇ Kaplan's free SAT and ACT study guide:  
[https://www.kaptest.com/college-prep/free/sat-act-study-guide?utm\\_source=pc-advisor&utm\\_medium=offline&utm\\_term=003C000002HoBpjAF&utm\\_content=email&utm\\_campaign=sat-act-study-guide#share](https://www.kaptest.com/college-prep/free/sat-act-study-guide?utm_source=pc-advisor&utm_medium=offline&utm_term=003C000002HoBpjAF&utm_content=email&utm_campaign=sat-act-study-guide#share)

**Follow us on Twitter @\_WHScounselors**

**Counselors:**

**Mrs. Love: A-D**  
**Ms. Floyd: E-K**

**Mrs. Maddox L-Ri**  
**Ms. Hubbard Ro-Z**

**Assistant Principal & Registrar:**

**Mrs. Walls**

**KNOWLEDGE ♦ OPPORTUNITY ♦ SUCCESS ♦ WHITEWATER**