



WHS Counseling Department Newsletter

IMPORTANT NEWS AND REMINDERS

- **9th-12th grade students:** Your school counselor is working diligently to touch base with you if you are struggling in your academic classes. Both the math and science departments publish help session calendars that are available in the Counseling Office. Attending morning/afternoon help sessions with your teachers or with a teacher in the department is one of the most impactful ways to improve your grades. Start working now to improve your grades prior to final exams the last week of class.
- **All students:** strategies for academic success:
 - ◆ Set aside focused time to work on homework assignments. This means away from your phone and other distractions.
 - ◆ Ask your teacher about help sessions before/after school and attend them.
 - ◆ Hand write notes and complete reading assignments.
 - ◆ Work with peers to study for tests/quizzes.
 - ◆ Sleep and eat a healthy diet. Your brain needs both in order to function optimally.
- **Seniors,** College Application Time (CAT) will be held after school in the Counseling Suite from 3:45-4:30 on Wednesdays September 15-November 17th. This is the perfect opportunity to get one on one help with college applications.
- **Juniors and Seniors:** Georgia Student Finance Commission is offering several free webinars throughout the year. Topics include scholarship opportunities, completing the FAFSA, applying to college, and budgeting fundamentals. Click [here](#) to register for the webinars.
- **Seniors:** check out the list of colleges/universities on [GA Futures](#) offering free applications during the month of November!

CALENDAR & HELPFUL LINKS

CALENDAR

- **November 22-26, 2021: Thanksgiving Break - no school.**

[READ MORE ON OUR WEBSITE](#)

HELPFUL LINKS:

- ACT/SAT test dates and registration: www.act.org & www.sat.org
- 17 programs of study for which FREE tuition is available: <https://tcsq.edu/free-tuition/>

- Kaplan's free SAT and ACT study guide:
https://www.kaptest.com/college-prep/free/sat-act-study-guide?utm_source=pc-advisor&utm_medium=offline&utm_term=003C000002HoBpjAF&utm_content=email&utm_campaign=sat-act-study-guide#share

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