

BOOTH MIDDLE SCHOOL CHEERLEADING CONSTITUTION

Football, Basketball, and Competition Cheerleading 2019-2020

I. PURPOSE

It shall be the purpose of this organization to promote and uphold school spirit, to increase responsibility in our athletes, to develop good sportsmanship among students, to support athletic programs and to develop better relationships in the community and between schools during all athletic events. The organization's goal is to work in harmony with the coaches, athletic director, the administration, faculty, band, athletic teams, and all other school organizations.

II. ELIGIBILITY REQUIREMENTS

- A. A cheerleading candidate must be currently enrolled at Booth Middle School, and be entering 7th or 8th grade in the 2019-2020 school year.
- B. A candidate must pass all 5 academic classes during 1st and 2nd semester.
- C. To remain eligible to cheer, report cards will be checked at the end of each grading period. Please print yearly grades for Infinite Campus and given them to Coach Wolf in Room.
- D. **All of the following forms must be turned in to Coach Wolf in Room 726 by Wednesday March 6, 2019.**

All of the following forms can be found on the Booth Football Cheer Website.

- E. Each candidate must turn in a written certification by a medical doctor stating she has passed a physical examination prior to tryouts. You must turn in a copy of the physical that is LESS than 1 year old, all physicals must be kept up-to-date for each school year. (
- F. Each candidate must carry school accident insurance or present a signed waiver by parents stating they have adequate insurance and turn in a copy of the front and back of the insurance
- G. Each candidate must turn in a written parental/student agreement form (last page of cheerleading constitution)
- H. FCBOE Concussion Form
- I. GHSA Concussion Form

III. MEMBERSHIP

- A. Placement on team is the coach's discretion. Athletes are expected to **maintain and/or improve** upon skills demonstrated during try-outs.
- B. The cheerleading squad will cheer at all rallies, football and/or basketball games and/or competitions.

- C. If the coach deems it necessary, all cheerleaders will cheer certain additional games such as, playoffs/tournaments, etc.
- D. Tumbling is preferred for competition cheerleading. A minimum of a back handspring is preferred.

IV. OTHER ATTENDANCE REQUIREMENTS

- A. Summer Clinic/Camp - All cheerleaders should attend the summer clinic/camp to learn the half-time routine.
- B. Vacations - Please plan all vacations and absences around:
- V. **March 14** uniform/ clothes/ shoe fittings **ALL TEAMS 3:10-5:00**

Competition Cheer Summer Dates:

June 5 & 6 Skills Evaluation and Choreography Prep

June 12 & 13 8am-4pm Competition Choreography

June 18, 19, 20 Competition Practice

July 9, 10, 16, 17, 18, 19, 23, 24, 25, 30, 31 & Aug 1 Competition Practice

- A. Social Activities - All member of the squad are encouraged, but not required, to attend social activities (dances, other sports games, spirit week, etc.). Advanced notice is required from anyone not attending.
- B. In order to participate in a practice, game, or pep-rally, the student must be at counted present at school.
- C. Additional Activities - If other activities are chosen by the squad, the coach will decide if the event is optional or mandatory.

VI. FINANCIAL RESPONSIBILITY (The following are approximate costs.)

FOOTBALL/BASKETBALL/COMPETITION FEES		
MANDATORY ITEMS		
BOWS	\$25	
BOY CUT BRIEFS	\$20	IF NEW OR NEEDED
PRACTICE WEAR	\$175	
UNIFORM RENTAL	\$30	
SHOES	\$115	IF NEW OR NEEDED
CHEER BAG	\$80	IF NEW OR NEEDED
SHORTS BRA	\$25	
WARM UP JACKET	\$85	IF NEW OR NEEDED

WOLLY PULLOVER	\$50	IF NEW OR NEEDED
SUBLIMATED PULLOVER	\$70	
POM POMS	\$30	
SHIPPING	\$20	
TRANSPORTATION FEE	\$55	PAYABLE TO BOOTH ATHLETICS Each team example: FB \$55, Comp \$55, and BB \$55 each
CHOREOGRAPHY FOOTBALL/COMPETITION AND OR BASKETBALL	\$125	Each team example: FB/Comp \$250
MUSIC	\$50	Each team example: FB/Comp \$100
GYM FEE MONTHLY EXPENSE DUE TO GYM	\$85	FB/Comp
BOOSTER DUES	\$50	
PAYMENT SCHEDULE		
March 14, 2019	\$250	PAYABLE TO BOOTH
March 14, 2019	\$55 PER TEAM	PAYABLE TO BOOTH ATHLETICS
April 1, 2019	\$250	PAYABLE TO BOOTH
May 1, 2019	\$250	PAYABLE TO BOOTH
June 1, 2017	\$250 OR REMAINING BALANCE	PAYABLE TO BOOTH

(Booster Dues help defray costs for items that may not be covered by school funds or fundraisers such as new mats, mat cleaning, banner replacement, new uniforms, etc.)

If damage is caused to the uniform, the **entire** replacement cost of the uniform will be charged to the cheerleader. The practice clothes must be worn on the assigned days.

VII. TRYOUTS

- A. Cheerleader tryouts will be held March 11-13 - after school in the gym annex until 6:30. The teams will be posted on the cheer website by 8 PM on Wednesday, March 13.

March 14 uniform/ clothes/ shoe fittings **ALL TEAMS 3:10-5:00**

- B. Most skills necessary to tryout will be taught at the tryout clinic conducted by the former 8th grade cheerleaders.
- C. Tryouts will be performed in front of the coaches.
- D. Candidates will wear athletic shorts, a t-shirt, socks, and proper tennis shoes on Monday, Tuesday, and Thursday. On Wednesday and

- Friday, candidates should wear solid black shorts and a solid white shirt. All shoulder length hair will be up in a ponytail. No jewelry will be worn at any time.
- E. Tryouts are closed. (No outside students or parents will be allowed to watch.)
 - F. All skills will be graded on the basis of the level of execution. The following are examples of skills to be judged: cheer, chants, jumps, expression, group work, tumbling, dance, and stunting skills.
 - G. You are encouraged to practice at home as well as during tryouts after school.
 - H. You must have a current physical prior to the first day of tryouts or you will not be allowed to tryout. The current physical form is attached to this packet. Physicals are only good for one year, so please check the date you had your last physical. A **copy** must be turned in with the other papers.
 - I. All 5 academic grades from 1st Semester 2019 must be passing in order to tryout-NO EXEPTIONS!! Even one failing grade keeps you from trying out. Please bring a copy of your 1st Semester report card to Coach Wolf's room (RM: 726) on or before Wednesday, March 6 2019. Second Semester 2019 averages will be checked for passing grades to determine eligibility for the cheerleading season.
 - J. Candidates will should wear solid black shorts and a solid white shirt to tryouts. All shoulder length hair will be up in a ponytail. No jewelry will be worn at any time.

VIII. PRACTICE

- A. **All cheerleaders are required to attend all practices.**
- B. Only the coach has the authority to excuse a cheerleader from practice.
- C. Excused absences:
 - 1. Illness with a doctor's documentation. (If you miss practice during the week due to illness, you may not cheer the following game. If you are ill and cannot make practice, you may be considered not healthy enough to cheer that week,
 - 2. Academic make-up work All make-up work should be scheduled before school or on a non-practice days,
 - 3. If you are absent from school or will be absent from practice, your

parent should call or text the coach on her cell phone during the school day and inform her of your absence **prior** to practice beginning.

- D. If you miss a practice without an excused absence, you may not cheer in the next game or competition.
- E. Make all routine doctor and dental/orthodontist appointments around scheduled practices, games, and competitions.
- F. For practices, practice uniforms are required. Practice uniforms will consist of appropriate t-shirt, shorts, socks and practice cheerleading shoes. No other clothing will be allowed.
- G. No jewelry is to be worn; shoulder length hair will be kept up in a ponytail and short hair will be neat and out of the face (no bangs allowed in face).

IX. TRANSPORTATION

- A. Home games - The cheerleader will stay after school for all home games.
- B. Away games - All cheerleaders are required to stay after school and ride the bus to all away games. Please make arrangements to pick up your child at the away game location or arrange a car pool home from the away game location.

X. PURCHASE AND CARE OF UNIFORMS

- A. The booster club will make the original purchase of all game uniforms. All items purchased by the school booster club remain school property (including items purchased by a cheerleader as a replacement item).
- B. A \$30 uniform rental fee will be charged and will be paid before cheerleader will receive their uniform. The cheerleader is responsible for purchasing all items on the cheerleader expenses list.
- C. Cheerleader jackets, t-shirts, and sweatshirts are the only part of the cheerleader's uniform that may be worn when she is not in complete uniform or not at a cheerleading function. Game shoes will not be worn except at BMS games and pep rallies.
- D. All school uniforms must be cleaned before returning them to the coach. Any uniform that is damaged and deemed unusable by the coach must be paid for at the replacement value. **To clean a uniform, it needs to be washed on cold, inside out, on delicate cycle. Please hang the uniform to dry. Do not put the uniform in the dryer.**
- E. Uniforms are not available to be loaned to the public for any reason.

XI. APPEARANCE

- A. Uniforms - Uniforms and shoes will be kept spotlessly clean at all times. Uniforms must be neat and not in need of mending.
- B. Jewelry - No jewelry will be worn at practices, games, competitions or pep rallies.
- C. Make-up - No excessive make-up. A natural, wholesome look is desired; any girl wearing too much make-up while in uniform will be

required to remove it.

- D. Hair styles - All hair styles must be neat and out of the face. It should be a simple style for cheering and not require any attention (combing, re-fixing, etc.) while at practice and games. All shoulder length hair must be in a ponytail. Two or three ponytails and clips should be worn so hair stays in place. Only a natural hair color is permitted.
- E. Nails - Acrylic or Gel nails are not acceptable during summer practices nor during the season. Fingernails are to be kept as short as possible for safety reasons. Nail polish is not to be worn when in uniform.
- F. Physical fitness - A cheerleader should look her best physically at all times.
- G. Body Piercing - No body piercing of any kind is allowed during any cheer activity. NO belly button rings allowed during any cheer activity (practice, games, camps, etc.).

XII. DISCIPLINARY ACTIONS - GAME OR RALLY SUSPENSIONS

- A. Grades - The no pass/no play rule will be enforced. (See Eligibility requirements in Section II.)
- B. In-School Suspension - If a cheerleader is given In-School Suspension, she may be suspended from the squad for a length of time decided by the coach and principal, depending on the seriousness of the situation.
- C. Other reasons for suspension from a game or rally.
 - 1. Unexcused absence from any cheerleader activity.
 - 2. Excessive tardiness to cheerleader activities.
 - 3. Failure to do assigned cheerleader duties.
 - 4. Failure to abide by the cheerleader rules and regulations.
 - 5. Failure to cooperate with the squad, coach, teachers, or administration.
- D. Unexcused absences - If a cheerleader misses practice and it is unexcused, the first occurrence will result in suspension from the next game or pep rally (whichever comes first). The second unexcused absence could result in removal from the squad. Excuses are left to the discretion of the coach. Anytime practice is missed, it must be cleared ahead of time. A parent must contact the coach **before** the absence. Only severe emergencies will be excused or doctor's excuses.)
- E. Minor discipline problems, tardiness, late pick-up from practice, game, or competition, forgetting something due by due date, etc:
 - 1. 1st time - discretion of coach
 - 2. 2nd time - discretion of coach
 - 3. 3rd time - cheerleader will miss the next pep rally or game.

4. 4th time - cheerleader will miss the next pep rally or game and a parent conference will be required.
5. 5th time - cheerleader will be removed from the squad.

F. Attendance requirements during suspension:

1. Practice - required to attend all practice sessions in the appropriate attire.
2. Pep rallies - required to attend in full uniform and sit with coach.
3. Games - attendance is required; cheerleader will be in full uniform and sit with the coach.
4. Competitions - attendance is required; cheerleader will be in full uniform and sit with the coach.

XIII. DISMISSAL

A. Offenses that may result in dismissal from the squad:

1. Accumulation of five minor disciplinary offenses or tardies.
2. The no pass/no play rule will be enforced.
3. Unbecoming conduct on or off campus such as the use of drugs, tobacco, alcohol, continued use of profanity, stealing, being arrested for any reason, and any offense that results in out-of-school suspension. These actions

reflect poorly on the reputation of the school and cheerleading squad.

4. Repeated insubordination toward the coach or any other school personnel.

B. Try-out eligibility for a cheerleader that was dismissed:

1. A cheerleader will be considered eligible to try out for the cheerleading squad the next year after dismissal. The problem for dismissal must have been corrected and not repeated during the year.
2. If a cheerleader resigns/quits the squad, she is not eligible to try out for any squad at any future dates unless there are extenuating circumstances for the resignation. (See D below.)

C. As a cheerleader, you are expected to abide by the school policies regarding behavior as outlined in the Booth Middle School student handbook/agenda. If these rules are not abided by, the coach will take action deemed necessary.

D. Each cheerleader is expected to finish out the entire season.

XIV. DRESS CODE

A. Compliance with the BMS student dress code is considered the minimum acceptable attire. Additional conditions may be established

at the discretion of the coach. No cheerleader will show up at a school function dressed inappropriately. This includes showing midriff, cleavage, etc.

XV. COMPETITIONS

- A. Each cheerleader is expected to attend all competitions even if they are an alternate for that competition. We are a team and need to support the team all the time.

Booth Middle School Football /Competition /Basketball Cheerleading 2019-2020

PARENT/STUDENT AGREEMENT

PERMISSION SLIP & CONTRACT SIGNATURE

I have read the Booth Middle School cheerleader contract-Constitution and I agree to follow all of the policies, rules, and obligations. I give my child permission to attend try-outs and be a member of the cheerleading squad.

PARENT'S SIGNATURE:__

DATE:__

STUDENT'S SIGNATURE:__

DATE:__

PLEASE CHECK ALL BOXES THAT APPLY:

I would like to be considered for football & competition cheerleading_____

I would like to be considered for basketball cheerleading_____