

Monday

# **Elementary School Lunch Menu**

Wednesday



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Friday

August 2018

THIS INSTITUTION IS **AN EQUAL OPPORTUNITY PROVIDER** 

**MENU SUBJECT TO CHANGE WITHOUT NOTICE** 



Thursday

**Denotes Vegetarian** 



**Elementary Prices** Full Price Lunch - \$2.75

Reduced Price Lunch -\$.40

#### First Day of School CHOICE OF ENTRÉE

Hamburger Hot Dog Jammer Pack

#### **CHOICE OF SIDES**

**Baked Beans** Seasoned Potato Wedges Lettuce/Tomato Coleslaw Watermelon Cookie

### Grab N' Go Plate:

Vegetarian Chef Salad **Choice of Milk** 

#### CHOICE OF ENTRÉE

Spaghetti & Meatballs w/ Garlic Breadstick Southern Style Chicken Sandwich

Tuesday

Jammer Pack

#### **CHOICE OF SIDES**

Green Beans Steamed Carrots Garden Salad w/ Assorted Dressing Plums

### Grab N' Go Plate:

Hummus & Pita Plate **Choice of Milk** 

#### CHOICE OF ENTRÉE

Beef & Cheddar Nachos Cheddar Cheese Nachos w/Salsa & Sour Cream Con Queso Quesadillas w/ Salsa Jammer Pack

# **CHOICE OF SIDES**

Mexican Brown Rice Broccoli Florets Shredded Lettuce/Diced **Tomatoes** Orange Wedges

#### Grab N' Go Plate:

Grilled Chicken Chef Salad **Choice of Milk** 

#### **CHOICE OF ENTRÉE**

Chicken Nuggets w/ Roll Country Fried Steak & Creamy Gravy w/ Roll Jammer Pack

#### **CHOICE OF SIDES**

Mashed Potatoes Peas and Carrots Tossed Salad w/ Assorted Dressing Banana

### Grab N' Go Plate:

Vegetarian Chef Salad Choice of Milk

### CHOICE OF ENTRÉE

Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza Fish Sandwich Jammer Pack

#### **CHOICE OF SIDES**

Whole Kernel Corn Carrot Sticks w/ Ranch Dip Coleslaw Fresh Pear Banana Pudding

### Grab N' Go Plate:

Southwest Salad Bowl **Choice of Milk** 

### 13 **CHOICE OF ENTRÉE**

Chicken Tenders w/ Roll Country Fried Steak Sandwich Jammer Pack

#### **CHOICE OF SIDES**

Steamed Carrots Seasoned Curly Fries Grape Tomatoes & Cucumber Slices w/ Ranch Dip Apple Wedges

#### Grab N' Go Plate:

Vegetarian Chef Salad

**Choice of Milk** 

#### 14 **CHOICE OF ENTRÉE**

New Orleans Chicken Beef Teriyaki Meatballs w/ Roll Both Served w/Rice & Vegetable Egg Roll Jammer Pack

#### **CHOICE OF SIDES**

Steamed Cabbage California Blend Vegetables Tropical Fruit Blend Flavored Raisins

**Fortune Cookie** 

#### Grab N' Go Plate:

Vegetarian Chef Salad Choice of Milk

### **CHOICE OF ENTRÉE**

Queso Blanco Chicken Nachos w/Salsa & Sour Cream

Con Queso Quesadilla w/Salsa & Sour Cream Jammer Pack

### **CHOICE OF SIDES**

Whole Kernel Corn Broccoli Florets Shredded Lettuce/Diced Tomatoes Orange Wedges

#### Grab N' Go Plate:

Market Salad Bowl

**Choice of Milk** 

### CHOICE OF ENTRÉE

Oven-Fried Chicken w/ Cornbread Muffin Pulled Pork Sandwich Jammer Pack

### **CHOICE OF SIDES**

Macaroni and Cheese **Baked Beans** Turnip Greens Coleslaw Strawberries & Bananas

#### Grab N' Go Plate:

Hummus & Pita Plate

Choice of Milk

# **CHOICE OF ENTRÉE**

Galaxy Cheese Pizza Galaxy Pepperoni Pizza Mini-Ravioli in Marinara Sauce w/Garlic Breadstick Jammer Pack

### **CHOICE OF SIDES**

Green Beans Carrot Sticks w/Ranch Dip Tossed Salad w/ Dressing Fresh Pear Vanilla Pudding w/Whipped Topping

### Grab N' Go Plate:

Turkey Chef Salad

Choice of Milk

#### CHOICE OF ENTRÉE

Chicken 'n Waffles w/ Syrup Chicken Crispito & Cheese Sauce w/Roll Jammer Pack

#### **CHOICE OF SIDES**

Seasoned Curly Fries Green Beans Garden Salad w/Assorted Dressing Orange Wedges

#### Grab N' Go Plate:

Vegetarian Chef Salad **Choice of Milk** 

**CHOICE OF SIDES** Steamed Carrots Broccoli Florets Cucumber Sliced w/Dip Apple Wedges

**CHOICE OF ENTRÉE** 

Southern Style Chicken

Sandwich Chili Cheese Fries w/Roll

Jammer Pack

#### **Chocolate Brownie**

#### Grab N' Go Plate:

Vegetarian Chef Salad **Choice of Milk** 

### **CHOICE OF ENTRÉE**

Beef & Cheddar Nachos Cheddar Cheese Nachos w/ Salsa & Sour Cream Cheese-Stuffed Breadsticks w/ Marinara Sauce Jammer Pack

#### **CHOICE OF SIDES**

Whole Kernel Corn Mexican Rice Shredded Lettuce/Diced Tomatoes Pineapple Tidbits Fresh Pear

### Grab N' Go Plate:

Chef Salad Bowl **Choice of Milk** 

## CHOICE OF ENTRÉE

BBQ Chicken w/ Cornbread Muffin Steak Nuggets w/Cornbread Muffin

Jammer Pack

#### **CHOICE OF SIDES**

Macaroni & Cheese Turnip Greens Black-Eved Peas Sliced Peaches Applesauce

### Grab N' Go Plate:

Hummus & Pita Plate

Choice of Milk

### CHOICE OF ENTRÉE Smart Cheese Pizza

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Smart Pepperoni Pizza Mini Corndogs Jammer Pack

#### **CHOICE OF SIDES**

Sweet Potato Fries California Blend Vegetables Garden Salad w/Assorted Dressing Banana

#### Grab N' Go Plate:

Taco Salad Bowl **Choice of Milk** 

### 27

#### **CHOICE OF ENTRÉE**

Hamburger Hot Dog Jammer Pack

#### **CHOICE OF SIDES**

**Baked Beans** Seasoned Potato Wedges Lettuce/Tomato Coleslaw Watermelon

#### Grab N' Go Plate:

Vegetarian Chef Salad **Choice of Milk** 

28

21

#### **CHOICE OF ENTRÉE**

Spaghetti & Meatballs w/ Garlic Breadstick Southern Style Chicken Sandwich Jammer Pack

#### **CHOICE OF SIDES**

Green Beans Steamed Carrots Garden Salad w/ Assorted Dressing "Cherry Star" Fruit/Vegetable Juice

#### **Chocolate Chip Cookie**

Grab N' Go Plate:

Vegetarian Chef Salad Choice of Milk

#### **CHOICE OF ENTRÉE**

Beef & Cheddar Nachos Cheddar Cheese Nachos w/ Salsa & Sour Cream Con Queso Quesadillas w/ Salsa Jammer Pack

#### **CHOICE OF SIDES**

Mexican Brown Rice Broccoli Florets Shredded Lettuce/Diced **Tomatoes** Orange Wedges

#### Grab N' Go Plate:

Grilled Chicken Chef Salad **Choice of Milk** 

### CHOICE OF ENTRÉE

Chicken Nuggets w/ Roll Country Fried Steak & Creamy Gravy w/ Roll Jammer Pack

#### **CHOICE OF SIDES**

Mashed Potatoes Peas and Carrots Tossed Salad w/ Assorted Dressing Banana

### Grab N' Go Plate:

Vegetarian Chef Salad Choice of Milk

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#### CHOICE OF ENTRÉE

Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza Fish Sandwich Jammer Pack

#### **CHOICE OF SIDES**

Whole Kernel Corn Carrot Sticks w/ Ranch Dip Coleslaw Fresh Pear

Banana Pudding

#### Grab N' Go Plate:

Southwest Salad Bowl