

## Wellness Committee Meeting Minutes

May 17, 2018

- The meeting was held at the LaFayette Educational Center
- Kokeeta Wilder, Director, welcomed all wellness coaches and guests
- Introduction
  - Recap of the school year
- How did we do this year?
  - Recap of policy implementation
  - Discussed school level assessments
  - Kokeeta went over strengths weaknesses on the school level with vending machines.
- Feedback, suggestions, Future Goals at the school level
  - Kokeeta asked if there was any feedback or suggestions to improve the school level.
- Any Summer Plans?
  - Kokeeta spoke about implementing more school gardens throughout the county.
  - Helping to tend to gardens through the summer.
- What's Next?
  - Goals for SNP
    - SNP will implement new software to allow for easier access to carb counts, allergy information, etc.
    - More visits from the Mobile Dairy Classroom
  - Goals for School Level
    - Implement more healthy foods the kids like
    - Implement more vegan and vegetarian foods
- Evaluate Schools in SY 2018-2019
- Guest Speaker- Rebecca Portman, Humane Society
  - Forward Food
    - Rebecca spoke on the importance of bringing in more fresh plant based foods recipes that kids will love to the school level.
  - Recipe presentation
    - Rebecca presented a plant based salad titled Crazy Chickpea Salad and a video of trainings the school staff can attend to learn to make more plant based recipes.
  - Healthy Eating
    - Rebecca discussed how brining more plant based foods to the school menus could help everyone.
- Meet again in SY 2018-2019
  - Recap on strengths, weaknesses, and evaluations
- Questions?
  - Rebecca Portman's information was given out to those who requested it. Her information is also available online at the Humane Society website.