Georgia High School Association Student/Parent Concussion Awareness Form

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Adolescent athletes are particularly vulnerable to the effects of concussion. Once considered little more than a minor "ding" to the head, it is now understood that a concussion has the potential to result in death, or changes in brain function (either short-term clong-term). A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs whe the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. Continued participatio in any sport following a concussion can lead to worsening concussion symptoms, as well as increased risk for further injury to the brain, and even death. Player and parental education in this area is crucial — that is the reason for this document. Refer to it regularly. This form must be brain, and even death. Player and parental education in this area is crucial — that is the reason for this document. Refer to it regularly. This form must be brain, and even death. Player and parental education in this area is crucial — that is the reason for this document. Refer to it regularly. This form must be brain, and even death. Player and parental education in this area is crucial — that is the reason for this document. Refer to it regularly. This form must be brain, and parent or guardian of each student who wishes to participate in GHSA athletics. One copy needs to be returned to the school, and one retained at home. COMMON SIGNS AND SYMPTOMS OF CONCUSSION • Headache, dizziness, poor balance, moves clumsily, reduced energy level/tiredness • Nausea or vomiting • Blurred vision, sensitivity to light and sounds • Fogginess of memory, difficulty concentrating, slowed thought processes, confused about surroundings or game assignments • Unexplained changes in behavior and personality • Loss of consciousness (NOTE: This does not occur in all concussion episodes.) BY-LAW 2.68: GHSA CONCUSSION POLICY: In accordance with Georgia law and national playing rules published by the National Part	DANGERS OF CONCUSSION	
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	Student Name (Printed)	Student Name (Signed) Date
	· · · · · · · · ·	

Parent Name (Signed)

Parent Name (Printed)

(Revised: 3/21)

Date