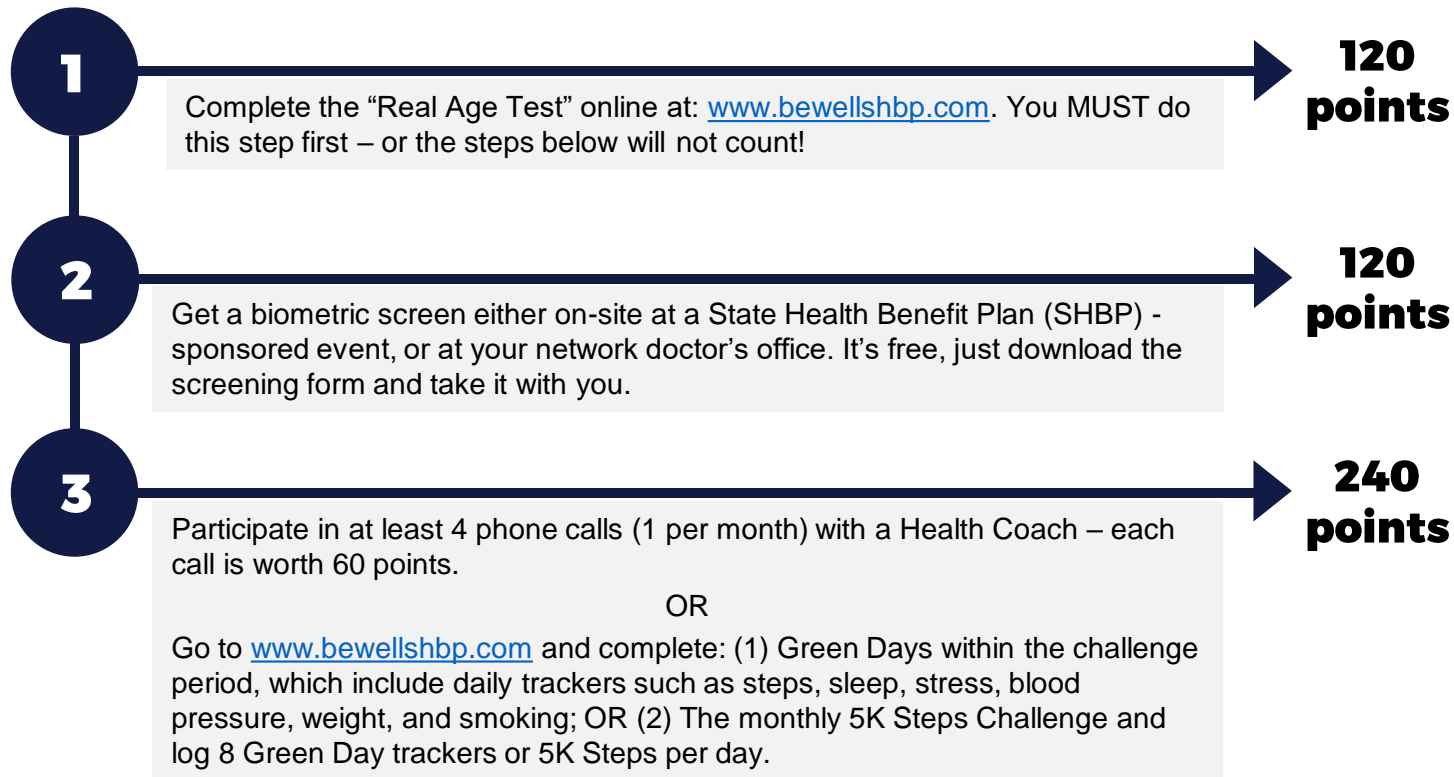


How to Earn Wellness Points in 2020



In 2020, Anthem/Blue Cross Blue Shield and United Healthcare members can still earn money for each employee and covered spouse that participates in the Wellness Program – no matter which plan you choose. By following the program, you accumulate “points” that you can use in a couple different ways. Starting January 1, 2020, follow the steps below so you do not leave this extra money on the table!*



How Can I Use My Points?

When you complete the activities above, go to www.bewellshbp.com, and select one of 2 options to redeem points:

- 1. Use points for health care costs.** 480 points = \$480 for yourself. If your spouse completes the activities too, that’s another \$480 and a total of \$960 for your family! You may redeem points in \$120 increments.
- 2. Redeem points for a gift card.** Swap 480 points for a \$150 Visa Gift Card. You must use all 480 points to choose this option; no incremental redeeming or combining with option 1 is allowed.

Remember, if you earned wellness credits in 2019 but have not used them, they will roll over to whatever plan you choose for 2020 – but they *will not* count towards a gift card! Rollover credits will show in your account around April 2020.

Spouses should participate, too!

If you *and* your covered spouse complete steps 1-3 above, that means your family can earn up to:

\$960

*To receive points, you must complete all activities between January 1, 2020 and November 30, 2020. About a month after you complete the activities, select how you want to use your points and start saving money!