



School Nutrition Program

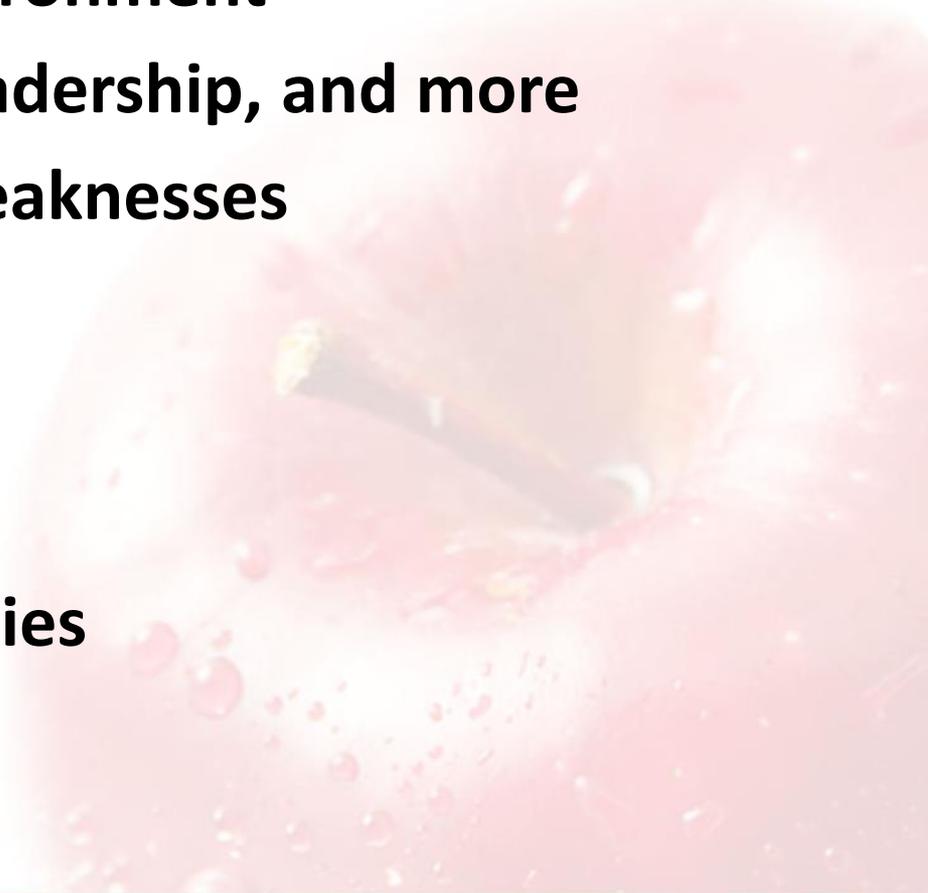
# **Wellness Committee Meeting**

Fueling Student Achievement Through  
Proper Nutrition

# Goals and Objectives of the Wellness Policy

## Create a Healthy School Environment

- Inform the community, leadership, and more
- Measure strengths and weaknesses
- Nutrition guidelines
- Nutrition education
- Physical activity
- Other school-based activities



# Local Wellness Policy (LWP)

- **Welcome and Thank You**
- **Administrative Review Results regarding Wellness Policy**
  - **Policy is very thorough**
  - **Contains all required elements according to Final Rule (see handout)**
- **Wellness Coaches have been assigned at each school**
- **Annual Progress Report/Triennial Assessment to be done at today's meeting**
- **In the Fall, evaluate schools**
- **Discuss evaluations at next Wellness Committee meeting in Fall/Winter 2017**

# Overview of Final Rule

- **What is a Wellness Policy?**
- **Provisions of the Final Rule**
  - **Content of the Wellness Policy**
    - **Goals for nutrition promotion and education, physical activity, and other school-based activities**
    - **Standards and nutrition guidelines for foods sold and not sold to students**
    - **Marketing policies**
    - **Description of public involvement, public updates, policy leadership, and evaluation plan**
  - **Wellness Leadership**
    - **Permit participation**
  - **Annual Progress Report/ Triennial Assessment**
  - **Documentation**
  - **Updates**
  - **Public Updates**

# Where Are We Now?

- **School Level Assessments**
- **Annual Progress Report and Wellness Policy Assessment Tool**
- **Strengths/ Weaknesses**
- **Feedback**
- **Suggestions**
- **Future Goals**



# What's Next ?

- Evaluate Schools Using Online Evaluation Tool found at <http://www.schools.healthiergeneration.org>
  - Register and complete evaluation for your school
- Meet again in the Fall/Winter of 2017
- District-wide meeting to discuss evaluations of our schools
- What are our strengths and weaknesses?



# Questions ?

- Thank you for attending today
- We appreciate your time and value your input

## School Nutrition Team

