Wellness Committee Meeting Agenda May 16, 2019



Welcome

• Introduction

Guest Speaker - Joel Teachworth, Kellogg's

- Taste Testing Vegetarian Option
- Recipe Presentation

Guest Speaker – Rebecca Portman, Humane Society

Recipe Presentation

Guest Speaker - Sandy Golden, Master Gardener

- Expansion & Rebuild of Community Food Forest, Hopewell Church
- Integrating School Gardens into Classrooms and Beyond

How Did We Do This Year?

- Strengths/ Weaknesses at the School Level
 - Strengths
 - District received Golden Radish Award for the 4th year
 - More school gardens are being added and some are being expanded
 - Weaknesses
 - Vending machines, biscuit sales, food trucks, and food fairs that do not comply with Smart Snack Guidelines
 - Need more training District-wide on Smart Snack Guidelines

What's Next?

- Establish Wellness Goals for SY 2019-2020
 - Discussion
- Meet again in SY 2019-2020
 - Discuss strengths, weaknesses, and goals

Questions for the Good of the All